

Dec. 2025

The Centre News

cssca.ca

President's Message

The busiest time of year at the Centre is the short but frenzied three-week span from Open House in mid-November to our Craft and Bake Sale in early December. Here is the recipe for success.

First, cram the Main Hall with 26 booths, each highlighting one of the dawn-'til-dark activities in our typical week; add two hours of continuous live entertainment from our Jammers and Scottish Country Dancers; and throw the doors open for all to enjoy this hustling, bustling Open House. Next, invite everyone to join in another lively Ceilidh hosted by our Scottish Country Dance group. Just days later, *Chat with Dr. Pat* set yet another new attendance record – who else could make arthritis so popular? Pre-warm the Centre by decorating all three floors with bows, baubles and boughs in preparation for our much-anticipated, always-sold-out, Christmas Banquet and Carol Sing.

Finally, fill the entire hall with inspired creations and irresistible temptations offered at our ever-growing Craft and Bake Sale. Sprinkle generously with raffle tickets. Serves hundreds.

Repeat (please).

Dani Alldrick, President

Coming Events

Bingo

Dec 17th, Jan 7th and 21st from 1 to 4 p.m.

Hot Dog Days (before Bingo)

Dec 17th, Jan 7th and 21st from noon to 1 p.m.

Centre Office Holiday Closure: (doors open for a few select activities)

Dec 22nd to Jan 4 inclusive

Holiday Sing-along

Dec 23rd from 10 to 11:30 a.m.

After-Christmas Coffee Break

Dec 30th from 10 a.m. until noon

Undecorating Party

Dec. 30 following the coffee break. (Sign-up sheet at Front Desk).

Regular Activities resume

Jan 5th

Choose to Move Information Session

January 12th 10:30 to 11:45 a.m.

Next Art Appreciation

Jan 13th at 7 p.m.

Next Speaker Series

Indigenous-Scottish Relations in Canada before Confederation with speaker Dr. Peter Cook Jan. 16th 2 to 3 p.m.

Next Lunch Bunch: Jacks on The Water

Jan 22nd at 11:30 a.m.

Next Chat with Dr. Pat

Topic: "Supplements – Do we really need them?" Jan. 23rd 2 to 3 p.m.





Activities Update

By Lisa van Bommel

New Activity starting in January: Social Crafters

Starting January 17th we will have a new activity starting on Saturday afternoons from 1 to 3 pm.

This will be a social group for all crafters or crafter wannabes. The group will meet in the upstairs lounge/activity area unless we have a renter upstairs. The group leader will be Lori Sather. All knitters, spinners, quilters, crocheters, and any other crafters are welcome. Bring your own mug and tea bag and we will put on the kettle. There will be a \$2 drop-in fee.

More Pool Time: Drop in Pool/Billiards is happening during Sunday Games from 1:30 to 3:30 on Sundays. If you would like to use the pool table during other times, please contact activities@cssca.ca to book a time when the room is available and open.

Beginners' Spanish Lessons: Another successful series of Spanish lessons led by Linda Polsson has ended. This was our third series of lessons. If you have missed out on this opportunity or would like to take more Spanish lessons, please let us know by emailing activities@cssca.ca and, if we have enough interest, Linda will likely teach another series in the spring. Stay tuned!

Nov 21st Presentation: To the attendees who requested the text of Rennie's talk, please let us know so we can make it available for you.

Holiday Closure: The Centre office will be closed for the holidays from Dec. 22 to Jan. 4. Doors will be open for a few select activities such as the Holiday Sing-along and After-Christmas Coffee Break. All regular Centre activities and programs will resume January 5th.

Holiday Sing-along: Due to special request, there will be a Christmas Carol and Holiday Songs Sing-along on December 23rd during the regular monthly Centre Sing-along time from 10 to 11:30 a.m. In the spirit of Christmas, there will be no activity fee.

After-Christmas Coffee Break: Come to the Centre for a warm drink and social cheer on Tuesday, December 30th from 10 a.m. to noon. Please sign up at the Front Desk if you plan to attend so we know how many people to expect. If you have extra leftover Christmas treats, bring them to share. In the spirit of the holidays, there will be no activity fee.

Mark your calendars: Next

Raconteurs will be February 7th: With the holiday break, there will be no Raconteurs the first week of January, but you can look forward to our next meeting on Friday, February 7th with member Mary-Ethel Audley. New member Mary-Ethel will talk about her early years as a police officer in New Westminster.

Next Wellness Talk will be February 13th: There is no Wellness Talk scheduled in January, but you can mark your calendar for a talk by member John Gunton on *The Wellness of the Planet*. More information on this interesting talk is coming in the January newsletter.

This Month's Highlighted Activity:
Knitting

By Happy Smith

The Wednesday knitting activity also includes crochet, needlework and other crafts.

The many skilled and talented members are at different skill levels and are often found teaching and learning from each other. They work on their own projects but also contribute many items for the annual Craft Sale in December. Proceeds go directly to the Centre. Items knit can vary from socks, toques, mitts, cardigans, pullovers, blankets, cowls, shawls, to dishcloths, etc.

Much of the yarn and needles we use is donated to us from the public.

We meet from 1 p.m. to 3:30 p.m.
Teatime is at 3 p.m.

Knitting sessions are a fun, social and interesting time. Come join us!



Choose to Move Information Session
January 12, 10:30 to 11:45 a.m. at the
Centre for Active Living, 1229 Clark
Road, Brentwood Bay

Info session on a **free** program that supports older adults, 55 plus, to become and stay more active. Program session runs January 19 to March 23 from 10:30 a.m. to 12 p.m.

To register for this information session, call Reception at SHOAL at: **250 656 5537** or email:

choosetomove@beaconcs.ca

To learn more about the program:

<https://www.choosetomove.ca/>

The Centre's Open House



Ilene Tiszauer was one of several activity leaders meeting and greeting the public during the open house on Nov. 15.



Barbara Litton introduced visitors to the quilting group at our recent open house.



Sixty-two people attended the latest of Dr. Pat's popular talks on arthritis on Nov. 28.



The Centre's Spanish class recently ended for this year. Left to right are Les Cochrane, Elizabeth Prouse, Karmel McDonald, Shelly Dennis-Orr, Linda Parry, and Carl Wilson. Missing is Barb Jefferies. (Photo by Linda Polsson.)





CHRISTMAS 2025



Guests worked on Christmas-themed puzzles as they waited for the lunch buffet to begin.



Margaret Ann Paton won the 50/50 draw.



Table 4 won the prize for the Scattergories game presented by Donna Flood.



Mollie the Border Collie is thoroughly enjoying the beautiful mat woven by Laurie Kapiuk and won by her owner Pat Gunton in the Centre's Christmas raffle. (Photo by Pat Gunton.)





Barbara Fletcher won a gift basket.



*Beth Fletcher also won a gift basket.
(Photo by Trish Warren.)*



*Peter Kupik won the tartan quilt.
Holding the quilt is Laurie Kupiak.*



Elfi Qureshi won a door prize.





Dale Broad (left) presents Sandra Slarte (right) with tickets to Buchart Gardens another door prize.



Sharon Wright won a gift basket presented by Dani Alldrick.

Editor's Note: Geoffrey Cochrane won the bauble guess. His guess was just one number away from the actual total. Congratulations, Geoff!



Linda Parry also won a gift basket.



From left to right: Trish Warren, Vicki Hargreaves and Barb Jeffries prepare a mountain of baked goods for our annual Bake and Craft Sale.



From the Treasurer's Desk

By Linda Parry, Treasurer

Craft & Bake Sale 2025

Craft and Bake Sale participating groups were:

- Knitters
- Quilters
- Weavers
- Tuesday Art
- Fitness
- Kitchen Concession

Total Sales: \$3,234.00
Less expenses - 100.00
\$3,134.00

Christmas draws, Fitness baskets, Quilt,
and Woven Mat - Total = \$1,332.00

Craft & Bake Sale	\$3,134.00
Draws, etc.	\$1,332.00

Total net profit \$4,466.00

Thanks to everyone who contributed to making this such a successful endeavor. Merry Christmas!



Happy January Birthdays!

Jan. 1	Leo Mitrynen
Jan. 1	Anita Foster
Jan. 2	Jean Lee
Jan. 3	Joanne McGowan
Jan. 4	Brian Isberg
Jan. 6	Sherron MacPherson
Jan. 7	Pat Browett
Jan. 8	Evlyn Anderson
Jan. 9	Dale Broad
Jan. 9	Ruth Coldwell
Jan. 10	Diane Twamley
Jan. 17	Valerie Park
Jan. 21	Rosemary Corcoran
Jan. 22	Graham Ross-Smith
Jan. 24	Shirley Lyon
Jan. 25	Trish Warren
Jan. 25	Elle Yoshiba
Jan. 26	Barbara Liedtke
Jan. 27	Michael Bird
Jan. 27	Lisa Van Bommel
Jan. 30	Marian Davies

Welcome New Members!

Mar Will
Miriam Poirier
Jean Ireland
Andy McLeod

Nel Beerepoot
Peter Beerepoot
Arlene Modderman
Steve Modderman
Vicki Rebneris
Mary Grando



Writer's Corner

At Last...

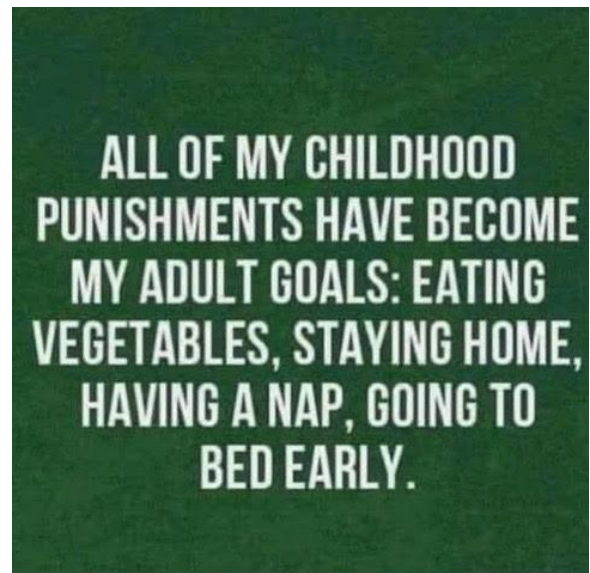
By Mary Grant

When I left high school it seemed the only jobs for girls was teacher, nurse, secretary, stewardess or clerk.

How refreshing it was, therefore, when I saw in the newspaper that “the BDC has launched the Thrive Venture fund and Lab for Women” for an investment of \$500 million to support women-led businesses.

Finally, an appreciation of the abilities and contribution of women entrepreneurs in a positive and substantive way.

At last!



**MERRY CHRISTMAS AND A
HAPPY NEW YEAR!**

Contributions to the Newsletter: if you would like to contribute news, writing, photography, recipes, or jokes to the newsletter, please send them to editor Shelly Dennis-Orr at sdennisorr@gmail.com. The deadline for contributions is the 10th of the month.

Weekly Activity / Program Schedule					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Aerobics 9:00- 10:00am		Aerobics 9:00 - 10:00 am	Quilting 10:00 am—Noon 1st and 3rd Thurs	Aerobics 9 :00- 10:00 am	Jammers 9:30am - Noon
Mild Fitness 10:30 - 11:30 am	Centre Sing Along 10:00 - 11:30 am 4th Tuesday	Mild Fitness 10:30 - 11:30 am	Scottish Country Dance 11 :00am - Noon	Mild Fitness 10:30 - 11:30 am	
Bridge 12:00 -4:00 pm	Art Group 12:00 - 3:00 pm	Weaving 11:00am - 3:00pm			
	Mahjong 1-3 pm	500 Club 1:00—3:30pm	Lunch Bunch 11:30 am 4th Thursday	Raconteur 2:00—3:00 pm 1st Friday	
	Combined Hatha (mat) & Chair Yoga 1-2 pm	Hot Dog Days Noon 1st & 3rd Wed Before Bingo	Book Club 2:00—3:30 pm 2nd Thursday	Wellness Talks 2:00—3:00 pm 2nd Friday	
		Bingo 1:00 - 4:00 pm 1st and 3rd Wed	Writing Circle 2:00—3:30 pm Thursdays (Except 2nd	Speaker's Series 2:00-3:00 pm 3rd Friday	<u>SUNDAY</u> Walking Group 2:00 pm
Caregiver Support 2:30-4 pm 4th Monday		Knitting 1:30—3:30 pm	Bridge 12:00 -4:00 pm	Chat with Dr Pat 2:00—3:00 pm 4th Friday	Sunday Games 1:30—3:30 p.m.
	Art Appreciation 7:00 pm 2nd & 4th Tues		Bridge Instruction 12:00—4:00 pm		<i>New schedule for newsletter DEC25</i>