



## Strawberry Tea

The Strawberry Tea has become a tradition at The Centre. Can't get any better than fresh, peninsula strawberries from Oldfield Farm, Marilyn's recipe for homemade shortcake, loads of fresh whipped cream and great volunteers who dish it out to serve you. Don't miss this treat. Celebrate the beginning of the summer season!



At last year's tea, Braunda and Lillian helped 'build' the shortcake desserts

Thursday, June 26      2 - 4 pm      The Centre Hall  
Tickets on sale in The Centre's office

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## June Events

### CSSCA General Meeting

\* Thursday, June 5 - 2 pm

### Retiring from Driving

\* Thursday, June 5 - 10 am

\* Join our group discussion about the process of transitioning from driving to other options of transportation and it's emotional impact

### Brentwood Bay Days

\* Saturday, June 7

\* Wood Turners will have a display and sales in The Centre's downstairs hall

\* The Centre will also have a parade entry

### Board Meeting

\* Thursday, June 12 - 9:30 am

### New Members' Orientation

\* Date to be announced

\* This is an opportunity for new members to enjoy tea/ coffee with other CSSCA members and to explore all the options available at The Centre.

### Salt Spring Island Market Trip

\* Saturday, June 21

\* Transportation with Volunteer Drivers

\* Details on page 2

### Strawberry Tea

\* Thursday, June 26 2 - 4 pm

### Bingo

\* Wednesdays 1 - 4 pm

\* Everyone welcome!

## Summertime Updates and Details

Keep on top of all the summer activities around The Centre by checking The Centre's website at:

[www.centrialsaanichseniorscentre.org](http://www.centrialsaanichseniorscentre.org)

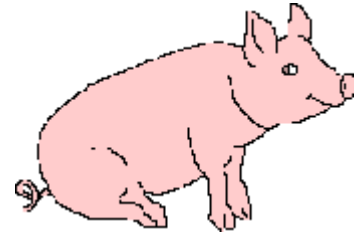
# President's Message *CSSCA President, Gerie Turner*

Some very good news – the missing microphone mysteriously reappeared last Wednesday. Thanks to all who diligently searched every nook and cranny and racked their brains trying to figure out where it could have got to! Bingo is back to normal with the regular very good microphone and a roomful of enthusiastic alert players (you need to be very alert to play the 12 cards some experts play). Braunda, the 'Bingo Boss', runs a very professional and fun show, along with a myriad of volunteers. Wednesday afternoon is much more than just the bingo games, however. It's a big social occasion with many coming early, bringing their lunch, and playing cards until the bingo starts at 1 pm.

I'm looking forward to June at The Centre. On the 7<sup>th</sup> is Brentwood Bay Days Parade where CSSCA will have a large contingent, encouraging eligible parade watchers to find out more about the activities at The Centre. As well, we all have a great morning waving and talking with everyone we meet! There is a sign-up sheet in the office – we need you! Also in June, we will all enjoy the Strawberry Tea on June 26<sup>th</sup>. Marilyn's art class is busy painting strawberries and the Saanich Peninsula real strawberries are growing and ripening nicely. Strawberry shortcake extraordinaire is coming up!

Berniece Lambert has been leading a "story-telling 101" session and has encouraged us to write down our stories. This is my story this week: My brother Ted and I had a good visit in Toronto and, as I hadn't seen him for ten years, we had a lot to talk about.

Bill, my husband, says we look a lot alike, and that's a bit of a shock to me as I look at Ted and wonder how I could look like him (he's so handsome!). His stories are different than mine but one we both know is the one about Dickie, our pig. Our dad was a milk man who picked up his milk at Arrowsmith Farms near Coombs. One of the pigs on the farm died and Dad brought home a piglet for us to raise. We had the wood-burning furnace from the Catholic Church in our basement. It burned 4' lengths of wood and was ideal for our house. I guess the church had "converted" to oil heat. This furnace had a little ledge on the door that was ideal for little piggy feet to warm themselves. This cute little piglet, by the time summer came, was a real porker. It was a hot Sunday afternoon and my Dad was sound asleep on our living room chesterfield. My Mum decided to "have a lie down" to read on her bed. Us kids were outside somewhere playing. Because it was so hot, the back door of our house was left open. My Mum heard two sets of snoring coming from the living room and found my Dad sound asleep on the chesterfield, with Dickie, our enormous pig, stretched out on the rug beside him. My Mum let out an involuntary scream and woke them both up. Dickie high-tailed it out the back door and Dad went back to sleep! The next story telling session is on Friday, June 13<sup>th</sup> from 2-3:30 pm. All are welcome. Berniece has really "got us going".



Have a very interesting and enjoyable summer!

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## *In Memory,*

*Bill Rose, an active member of our Centre, passed away in May. He was an enthusiastic and cheerful participant in "Mild Aerobics" up to a week before his death. Knowledgeable on almost any subject, Bill was famous lately for his enjoyment in making soup! Our hearts go out to his family and especially Marilyn and Kathy.*

# Upcoming Events

## Epic Musical

This musical phenomenon sweeps its audience through an epic tale of passion and destruction in 19th century France. Discover a nation in the grip of revolution as convict Jean Valjean, on the run and in a fight for his life, sacrifices everything to protect the people he loves. Fight. Dream. Hope. Love. "Thrilling, Spectacular, Unforgettable"

The New York Times



## Chemainus Theatre Day Trip

Saturday, August 23

Book your tickets now - Payment required by August 1

Bus leaves The Centre at 11 am

Returns to The Centre by 5:30 pm

This trip accommodates both theatre goers and those interested in only sight-seeing! Enjoy a day wandering through the shops, looking at the murals and having lunch. We have room on the bus at only \$20.00 per person return. You may return to the bus in Chemainus at any time throughout the day for a rest or to store parcels.

	Theatre Only	Theatre/Buffer	Bus
<b>Economy</b>	\$29	\$50	\$20
<b>Standard</b>	\$43	\$55	\$20
<b>Premium</b>	\$52	\$63	\$20

## Summertime Updates and Details

The Centre's Office hours throughout July and August are from 10 am to noon.

Call for more information for summer events.

## An Invitation from The Centre's Planning Committee Salt Spring Island Market Trip

- Saturday, June 21
- Transportation with The Centre's Volunteer Drivers
- Leave The Centre in morning
- Return in late afternoon
- \$10 per person for ferry and gas costs
- Sign up sheet in The Centre reception area



If you would like to volunteer as a driver, please contact The Centre and an event organizer will contact you regarding necessary details.

**Come**

**Ride**

**With Us**



Monday, August 11

Familiarize yourself with using BC Transit. Join a fun loving group from The Centre and enjoy the ride!

# Around The Centre

## *Songbirds Choir*

Please note that the choir's last practice before the summer break will be Tuesday, June 24. We will reconvene on Tuesday, September 9. Joan Lewin

## Summer Scottish Country Dancing

The Scottish Country dancing group continues on Tuesday mornings from 10 until 11:30 am throughout the summer. We dance once in the evening in July and once in the evening in August. Newcomers are always given a warm welcome. Dancing is fun, social and good exercise for the body and brain. Come and give it a try!

Volunteer instructor, **Janet Mitchell**

## Weekly Activity Schedule

Many of The Centre's regular activities and programs are not in session over July and August. Look for the new schedule in September when most activities will resume. Contact The Centre by phone or check our website for information and calendar events.

## RETIRING FROM DRIVING

"Oh, Oh, that was a close one! Maybe I should consider the fact that driving for me cannot continue." Or, perhaps your doctor or a family member has suggested it's time to quit driving. Maybe it's time to 'hang up' the keys and look at other options. "Don't be ridiculous!", you say, "I'm doing fine." Well, there are alternatives and we believe it would be beneficial to get together and come up with some ideas. Let's get together: The Centre, Thursday, June 5, 10 am  
Bring your ideas and experiences.

## June Birthdays

02 Edna Brown	20 Ivan Marotto
05 Irma Kilner	22 Kathy Rose
06 Bruce Bennett	23 Brigitte Ullrich
07 Joan Johnson	23 Sandra Walt
09 Gladys Otto	26 Wendy Wignall
10 Margo Wilton	27 Rayna Hayes
13 James Strand	28 Sue Tribe
16 Barbara Roberts	29 Lillian Davidson
19 Elaine Drader	30 Elizabeth Small

## July Birthdays

01 Helen Steele	15 Marilyn Rose
03 Sharon Kleim	15 Joyce Vezina
07 Ernest Smyth	19 Joan Lewin
09 Winota Sluggett	23 Jane Charlton
10 Lois Moon	23 Rowena Kromm
11 George Swift	23 Margaret Mather
12 Freda Reid	24 Rolf Ullrich
13 Phyllis Thornton	26 Joan Bennett
14 John Belsky	26 Eileen Smith
15 Ron Brackenridge	30 Patricia (Pat) Sinnott

## August Birthdays

01 Sheila Hobbis	17 Braunda Gustafson
01 Maureen Kirk	21 Geoffrey Cochrane
02 Maureen Braun	21 Sharon Wright
05 Christine Doney	24 Dorothy Sluggett
08 Gwen Bentley	26 Betty Kraemer
08 Lynne Marotto	26 David McVey
10 Corinne Marshall	28 Albert Bateman
12 Mary Wilkinson	28 Roy Crouse
14 Ann McMillan	31 Sally Palmer

# Thank You to Our Community Partners



Brentwood Bay Rotary Club has provided funds for our lounge area furniture and our media centre. We also partner with the Brentwood Bay Rotary Club for the event *Antiques Re-Visited*.



The Central Saanich Lions Club were involved in the initial construction of the CSSC building. Recently they have provided funds and labour for several projects around The Centre such as new windows, upgrading washrooms, installing hand railings and foundation work for new sump pump.



The District of Central Saanich has honoured a lease agreement of The Centre building to the CSSCA. The district has provided funding for various capital projects such as our new roof and more recently for upgrades to The Centre's sump pump.



Upon application, The CSSCA received a grant that will provide The Centre the funding necessary to install a new heat pump. This system will handle the heating and cooling needs in our building to ensure comfortable

conditions for all CSSCA activities.



Provides an annual donation to be used towards supplies for annual events. Also, the Peninsula Co-op annually reimburses dividend funds to The Centre accumulated as members quote The Centre's number **60747**, when purchasing groceries or fuel.



10% discount on purchases made on Wednesdays, when showing your 2014 CSSCA membership card.



Fairway Market **Shopper Cards** are available at The Centre to members and non-members for your shopping convenience and to benefit CSSCA. Fairway Market will donate 5% of your purchases to The Centre.

# Thank You to Our Community Partners

LIVE WELL WITH

**PHARMASAVE®**

10% off selected items on the 2<sup>nd</sup> Tuesday of each month when showing your 2014 CSSCA membership card.



35% off all regular prices with promo code available from the CSSCA Office. Must show your 2014 CSSCA membership card at time of purchase.

*JJ's Coffee House*

15% off on your purchases on Tuesdays and Wednesdays, with your 2014 CSSCA membership card.



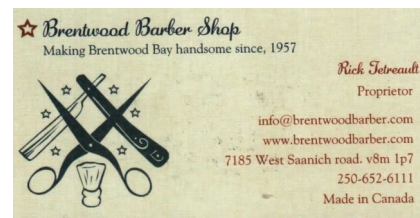
Level Ground Fair Trade Coffee is available for sale at The Centre. We offer ground or beans in many flavours at just \$8.00 per 300g bag. A portion of the purchase price goes to The Centre.

**Peninsula U-Brew Winery**

Serving the Peninsula since 1988

Peninsula U-Brew Winery offers

10% off Wine, Beer and Cider Kits every first week of the month to CSSCA 2014 cardholders.



10% discount on the first Monday of every month to 2014 CSSCA cardholders.



Special 'Thank You' for this month's contribution to The Centre from:

**Oldfield Orchards on Oldfield Road**



# From Dominion Day to Canada Day

excerpt from a Canadian Government publication

Every year Canadians celebrate Canada Day on July 1. But not everyone is aware of the interesting history behind the name of this national holiday.

As early as 1868, Canadians were encouraged to begin celebrating the anniversary of Confederation. But the day did not become a statutory holiday until 1879, when it was officially proclaimed Dominion Day.

Celebrations got off to a slow start, however. Many Canadians still felt a strong connection to the British Empire. Patriotic feeling focused on Victoria Day, observed in Canada since 1845, and Empire Day, the school day just before May 24. The first organized celebration of Dominion Day didn't occur until 1917, the 50th anniversary of Canada's founding. The second was held ten years later, on the Diamond Jubilee.

By 1980, however, Canadian patriotism had come into its own. Dominion Day celebrations were occurring in cities across the nation. And the patriotic song "O Canada," written a century before, at last became our official national anthem.

Two years later, in 1982, events occurred that marked a milestone for Canadians. With the passing of the Constitution Act, Canada became an entirely independent nation. That same year, Dominion Day was officially renamed Canada Day.

Canadians everywhere take time to celebrate this aptly named holiday. Indeed, this Canada Day, we have a lot to celebrate!



In June 1981, Canada Post issued a set of 4 stamps to celebrate Canada Day, picturing maps of Canada from the years of 1867 / 1873 / 1905 and 1949. For many years after, always on this occasion, stamps have been issued with many different motifs to remember and celebrate Canada Day.

I hope we all have a great and safe summer. Our next meeting for this season will be on June 19 at 1:00 pm at The Centre. No meetings for July and August.

**The Centre Stamp Club Activity Leader,  
Kurt Sommer**



## The Centre for Active Living 50+

**Central Saanich Senior Citizens Association**

**CSSCA**

**1229 Clarke Rd., Brentwood Bay, BC V8M 1E2**

**250-652-4611 [cssca@shaw.ca](mailto:cssca@shaw.ca)**

**[www.centralsaanichseniorscentre.org](http://www.centralsaanichseniorscentre.org)**

### **CSSCA Executive**

**President:** Gerie Turner

**Vice President:** Margaret McKelvie

**Past President:** Braunda Gustafson

**Corresponding Secretary:** Penny Furnes

**Recording Secretary:** Elizabeth Skaggs

**Treasurer:** Thea Revoy

### **CSSCA Board Directors**

Michael Bird

Marney Ellis

David McVey

Shirley Monych

Marilynn Murray

Margaret Sharples

Kurt Sommer

Wendy Wignall

## **The Centre News**

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