



MAY 2017



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May Events

CSSCA Board Meeting

* Thursday, May 4th, 9:30 sharp

Election Day — May 9th

Music Bingo

* Friday, May 12th 2 pm

Mothers day ~ May 14th

Potluck

* Thursday, May 18th noon

Boys & Girls Club Tech Teach

* Thursday, May 25th, 3:40 pm

Victoria Day - May 22nd

* The Centre is closed

Lunch Bunch

* Thursday, May 25th, 11:30

* Sassy's Restaurant

Vintage Wedding Dress Exhibit

* Saturday, May 27th 10 am - 3 pm

* Admission by Donation

Vintage Wedding Dress Fashion Show

* Sunday, May 28th 2 pm - 4 pm

* Refreshments & Entertainment

* Tickets required / Limited seating

Bingo

* Wednesdays 1— 4 pm

* Everyone 19 and over welcome

* Refreshments available



VICTORIA DAY

President's Message

The President's Message



The weather still refuses to warm up this spring and everyone is straining at the leashes to get into the garden and start preparing the ground ready for planting. When you do start, remember to take things slowly as it's easy to pull a muscle which unfortunately takes longer to heal as we get older.

The Songbirds were part of a Vimy memorial held at Vic. High School, they sang at two concerts, one in the afternoon for the students and another in the evening for the public. The songs were written during the First World War, none of which the choir had heard before. It was very sobering to sing and listen to a historian talk about the many students and teachers who served and about those who never returned.

The Centre is in desperate need of someone to take on the job of coordinating volunteers for the kitchen each Wednesday for bingo. If you can take on this please let it be known.

Late May will be the Vintage Wedding Dress show, make sure you have your tickets beforehand as they are selling quite well. A group of members have been very busy making paper flowers for decorations, an emcee has been arranged, photographers will be around, vintage cars will be in the car park, and the models are being fitted with dresses. I am looking forward to this being a tremendous success for the Centre as it generates interest in the community.

Mike Bird



After many years of running the Bingo for the Centre, Braunda Gustafson has decided it is time to retire. Many thanks to Braunda for the very successfully run Bingo on Wednesday afternoon.



The CSSCA is committed to providing accessible customer service to all persons with disabilities. We provide equal opportunities to ensure all benefit from programs and services.



Hearing Aid loops are available for use in our Main Hall.



For those wishing to stay connected, we have WiFi for your convenience. Please visit our front reception for the password.



CSSCA offers a scent free environment.



**May 9th,
Your Vote Counts**

Around The Centre

Hey!
WELCOME
We're *very* **GLAD**
you're here!

Karey Litton
Rheal Henri
Robert Atkins

VOLUNTEER OF THE MONTH



Congratulations Etiola Pettyjohn, our "volunteer of the month" and winner of the monthly volunteer draw.

If you volunteer at The Centre, enter for an chance to win a \$25 gift card.



May 1	Grace Eric Vic	Ferg Fowler Peters
May 3	Ken	Weatherill
May 5	Melvina Barb	Giles Jefferies
May 10	Etiola Brenda Don	Pettyjohn Beckstrom Turner
May 11	Margaret Nona	Pollard Frew
May 13	Linda Elizabeth	McCann Skaggs
May 14	Linda Denise	Parry Coleman
May 16	Wendy	Buchanan
May 19	Eileen	McConville
May 20	Ingrid Ian	Huhn Cameron
May 22	Tom	Johnson
May 23	Norm Victoria	Alton Caldwell
May 25	Patricia (Pat)	Bird
May 27	Ilene Shirley	Tiszauer Roberts
May 28	Bill John	Turner Durkin
May 29	Mary	Donnelly

Around The Centre



MUSIC BINGO

We had a great crowd out for music bingo April 21st. Our host Darryl Markin had a new line up of songs from the 60s & 70st that one just can't help but sing along to. Come out May 12th for the next music bingo. Lots of prizes to be won.



The Scottish Country Dancers are celebrating the completion of 15 years at The Centre with a Ceilidh on Friday, June 2nd.

We are having a bagpiper outside to greet everyone as they arrive. Come at 6:45 pm to hear him play. All ages are welcome. You can bring your daughter, son, grandchildren, nieces, nephews, etc, but you can also come alone. The dances are easy and called and several of them will have dancers changing partners many times. You can come watch or dance. There will be refreshments. Cost is \$5 per person or \$10 per family. All proceeds to The Centre. It will be a fun night! Hope you can come out and help us celebrate



Scottish Country Dancers performing April 25th at the Sidney All Care

Around The Centre



Vimy 100/Canada 150

On April 12th of this year our very own Songbirds performed two concerts dedicated to the Victoria High School students and alumni who had given their lives at the Battle at Vimy Ridge to defend our freedom.

Don Kissinger, one of the alumni and an acquaintance of our director Larry Skaggs had invited the Songbirds and a group of musicians to perform in the afternoon and evening concerts. We had to learn 5 songs written by Canadians during the 1914—1918 war. We practised those songs for a month. At first we found them difficult to learn, but under Larry's and Louise's patient tutelage we started really liking them and at the performance sang them with confidence.

The entry and exit of the legion colour party accompanied by bagpipes played by 13 year old piper Riley Heron, added much to the significance of the concert. The last song "The Hearts of the World Love Canada" was arranged by Larry. The forth song "Sacrifice" was particularly moving as one part was sung solo by Rebecca Thackray whose haunting soaring soprano gloriously filled the auditorium. Another part sung by baritone Zander Felton, equally moved us, deeply feeling the suffering of parents letting their sons "in their young manhood" go to their possible death.

It was a performance none of us will ever forget. Thank you Larry and Louise for getting us there.

Submitted by Ada Serson



Around The Centre

Spinach Salad with Blueberries

8 c. spinach
1 c. fresh blueberries
½ c. slivered almonds, toasted
½ c. lightly crumbled feta cheese

Toss it all
together
just before serving

Dressing:

3 T. extra virgin olive oil
3 T. Ribena (conc. Black currant nectar)
1 T. + 1 tsp. lemon juice
2 T. fresh mint chopped
¼ tsp. freshly cracked black pepper



Very refreshing.

- submitted by Happy

Potluck luncheons at The Centre are the 3rd Thursday of each month. Come out and join in the foodie fun at noon May 18th.

Need Help Around the Yard? Hire a YEP Student

A Yep provides clients with affordable help around their homes or businesses, and assists seniors who are looking for help with their computers and tablets.

Students are available in a variety of fields including yard work, computers, cleaning, clerical, pet care and more.

Contact Sara Lawton by email at slawton@beaconcs.ca, or call

[250-656-5537](tel:250-656-5537) ext 119.



Boys & Girls Club
Services of Greater Victoria

Tech Teach in May The Boys & Girls Club have offered to come May 25th at 3:40 pm to teach us how to use the internet, social media and how to use our smart phones. They no longer have Wi-fi at their clubhouse, therefore Cyber Seniors will no longer be available. Instead the kids along with their educational supervisor will be coming to the Centre to teach us. First they need to know exactly what we would like instruction on. Then their IT educational instructor will teach the kids to teach us before coming on the 25th. There is a sign up sheet at the Centre reception. Please indicate what you are wishing to learn on your laptop, Ipad or Iphone as soon as possible.



While cleaning up the cupboards and closets at the Centre I came across brand new Wii Games. As there was no interest amongst our members to learn how to use and play the Wii games, we donated them to the Boys & Girls Club. They appreciate the gift very much and have Thanked us for the donation.

Sunday Social

April 30th at the Centre for
the Sunday Social



Virginia is on her way to the play, Sunset Boulevard at the McPherson Theatre, donated by Island Office Equipment



The Encores entertained the members with 50's, 60's, & 70's hits.



The winning smile on Kathy's face as she picks up her door prize of a gift card.



Mike Bird with the 50/50 winner Leo Vezina



Sharon Glynn (left) presenting Marilyn Montgomery winner of the Sunday Social door prize of one hour of Superwoman Services

Stamp Corner

The Canadian Pacific Railway

In 1880 the Canadian Pacific Railway Company was formed and charged with the task of building a transcontinental railroad. With the appointment of William Van Horne as general manager in late 1881 work began, and in four amazing years the new railroad united all the provinces and opened the West for settlement. Completion of the long, thin line of rails was a stunning tribute to Van Horne's determination, genius, and tenacity. He put his crews on shifts and slapped rails across the prairies day and night. Five hundred miles of track were laid in 1882 and by the end of 1883 there were railway tracks all the way from Winnipeg to Kicking Horse Pass.

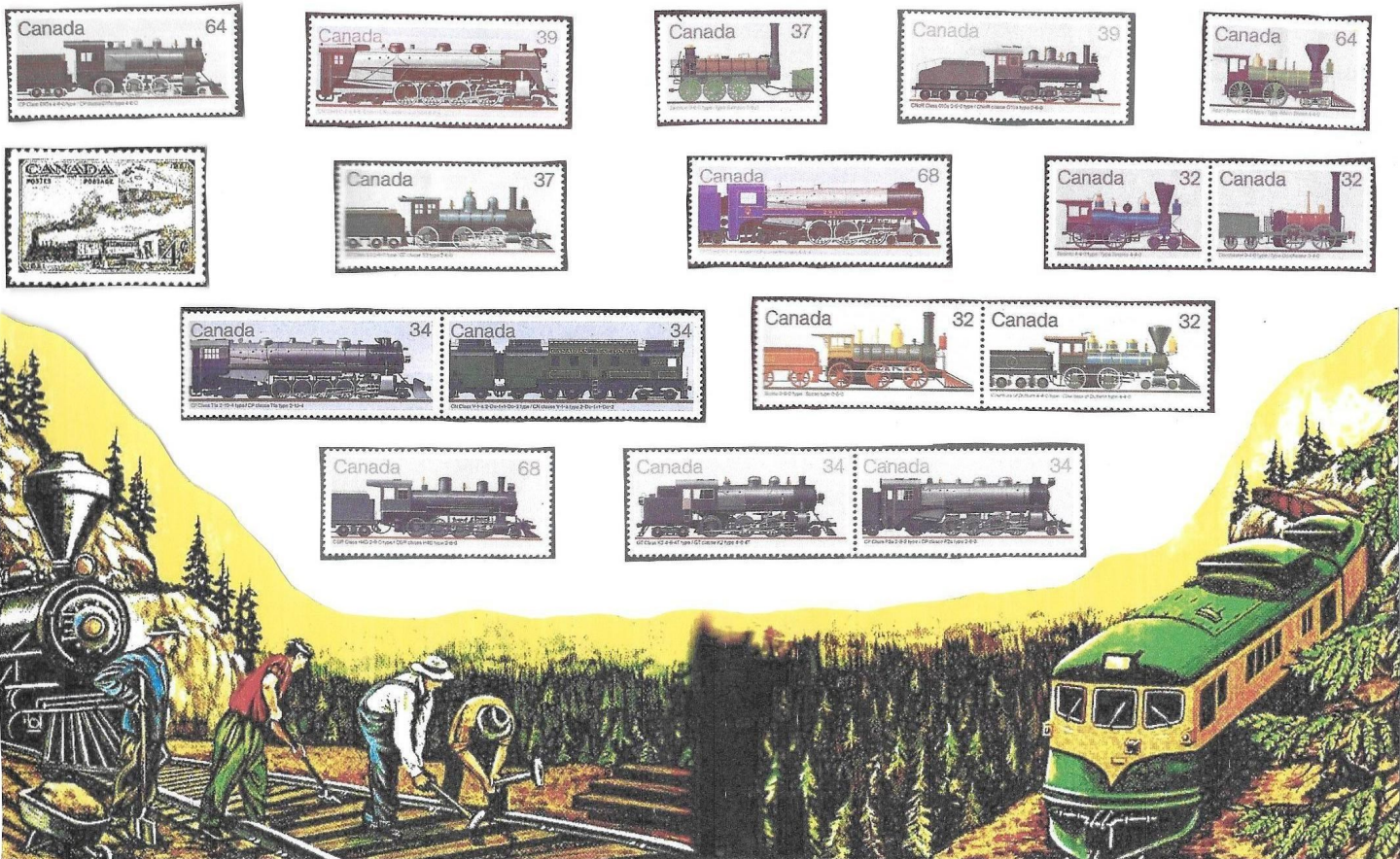
While Van Horne was racing to the Rockies at a breakneck pace, another drama was unfolding in the West, where Andrew Onderdonk was building the British Columbia line. Working with a crew of 7,000 men, Onderdonk bored tunnels through the mountains, blasting his way to Eagle Pass, where the lines were to meet.

The railroad was completed on November 7, 1885, when the British Columbia line joined the western line at a spot called Craigellachie in the Selkirk Range. On that day Van Horne the railroad builder did not stand on ceremony, for only railroad men were present when the last spike sank into the ground. It was neither gold nor silver, but plain iron.

The Attachment show's various stamps from Canada Post, honoring the Canadian Railroads.

As always, should you have any questions about stamps, call [778-426-2499](tel:778-426-2499) or e-mail me at kurtmartha@outlook.com

Sincerely, Kurt Sommer



Up coming Activities



Brentwood Bay Boozing Buddies

had a wonderful sunny day during our first tour and tasting as a group, at the Sea Cider Farm & Ciderhouse on April 24th. No apple blossoms yet but the locally made cheeses, sausage, dips, breads & crackers made up for the lack of blossoms. Several of us walked away with a bottle of cider or two.

Our next Tour & Tasting will be noon Monday, June 5th at the De Vine Vineyards. 6181B Old West Saanich

Sign up sheet is at the Centre reception.

Meeting at the Centre at 11:30 am to carpool.



The armchair actors meet the first Thursday of the month, September through to June 1st.

April, our theatre group read the play the Pepperonis, a spin-off from the TV series the Sopranos, but as a comedy. This was a play that could not be read with a straight face especially when Pat read the part of a male Italian crime boss/pizza restaurant owner with her English accent.

Come and join us for the next reading May 4th at 2 pm. I'll have the coffee on too.

Brentwood Bay Festival

The festival is held the first Saturday in June in Pioneer Park.

They start the day with a pancake breakfast courtesy of the Central Saanich Lions Club. The parade starts at 10 am at the Bayside Middle School, heads up Wallace and turns down West Saanich to the roundabout.

Stroll through the park, and you'll find entertainment, mini golf, bouncy castle, roving clowns, face painting etc. The Farmer's Market will be onsite with lots of crafts and fresh produce.

The mainstage features great entertainment for all ages.

See you there!!!!

Upcoming Events

In Celebration of
Canada's 150th Birthday
CSSCA presents
A Vintage Wedding Dress
Event



EXHIBIT

May 27th 10 am - 3 pm

Refreshments & Dainties available

Admission by Donation

FASHION SHOW

May 28th 2 pm

Plus Refreshments & Dainties

Tickets: \$10.00

Limited seating available

Hosted by Jim Leard

Actor & Founder and Artistic Director

of



Story Theater

Pianist — Louise Eldridge

Exhibitors



Plus over 50 vintage wedding dresses from our members

Modeled by Stelly's Secondary School students

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1229 Clarke Road Brentwood Bay BC V8M 1E2 250-652-4611 cssca@shaw.ca www.centralesaanichseniorscentre.org

CENTRAL SAANICH SENIOR CITIZENS ASSOCIATION

Upcoming Events

Ceilidh DANCE



FRIDAY, JUNE 2nd Piping in at 6:45 pm

Refreshments
& Goodies available

No need to come with a partner
Fun easy dances called

Wear comfy clothes and lightweight soft soled shoes

\$5 per person

\$10 for families

Celebrating 15 years at The Centre

Contact Janet for more information at janet.mitchell@shaw.ca

1229 Clarke Road Brentwood Bay BC V8M 1E2 250-652-4611 cssca@shaw.ca www.centralsaanichseniorscentre.org

CENTRAL SAANICH SENIOR CITIZENS ASSOCIATION

Sing A Long **MUSICAL** *Sing A Long*
Bingo

MAY 12
2 - 4 pm
Central Saanich Senior Centre 50+
Featuring Darryl Markin
PRIZES REFRESHMENTS
1229 Clarke Road, Brentwood Bay
250 652-4611 cssca@shaw.ca
Glen Sprague, Entertainment Coordinator 250 217-0144



Join the **Lunch Bunch** gang ,
the 4th Thursday of each month.

May 25th we are heading to Sassy's
Restaurant located at

6719 W Saanich Rd.



Sign up sheet at The Centre or con-
tact corinnemarshall@shaw.ca or
phone 250 652-7032. Please let us
know if you can drive others



The Jammin' Seniors
jam every Saturday
morning from 9:30 am to
noon. Bring your favorite
music and guitar, ukule-
le, banjo etc and join in
some fun.

Weekly Activity Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Aerobics 9 - 10 am	Scottish Country Dancing Walk Around 10 am	Aerobics 9 - 10 am	Scottish Country Dance 10 am—noon	Aerobics 9 - 10 am	NIA Dance 9:30 - 10:30
Mild Fitness 10:15 - 11:15 am		Mild Fitness 10:15 - 11:15 am		Mild Fitness 10:15 - 11:15 am	
Bridge 12:30 -3:30 pm Time change	Painting 12:30 - 3 pm	Weaving 11:30am - 2:30pm	Pot Luck Lunch 3 rd Thursday 12:15 pm	Scrabble 10:15 am Changed to Monday 1 pm	Jammin' Seniors 9:30am - Noon New
Photography Club 1 pm	Songbirds Choir 1 - 2 pm	500 Club 1 pm	Lunch Bunch 4 th Thursday 11:45 am Sign-up sheet in office	Chair Yoga 12 - 1 pm	Bridge Clinic 12:30 - 3:30 pm Time change
Scrabble 1 pm New	Poker 1 pm	Bingo 1 - 4 pm	Table Shuffleboard 2 pm	Cribbage 1 pm	
		Knitting 2 - 3:30 pm	Armchair Theatre Date change 1st Thursday 2 pm - 3:30 pm	Speakers Series 1;30-3:00 PM First Friday of the month	Snooker 1 - 4 pm Casual
				Music Bingo 2nd Friday of each month 2—4 pm	
	Art Appreciation 7 pm			Scottish Country Dance 7—9 pm	

Thank you Community Partners



The District of Central Saanich has honoured a lease agreement of The Centre building to CSSCA



Upon application, The CSSCA received a grant that provided The Centre with the funding necessary to purchase and install two heat pumps. This system now handles the heating and cooling needs in our building



Co-op provides an annual donation to be used towards supplies for annual events at The Centre. Also, the Peninsula Co-op annually reimburses dividend funds to The Centre accumulated as members quote The Centre's number **60747** when purchasing groceries or fuel.



Fairway Market *Shopper Cards* are available at The Centre to members and non-members for your shopping convenience and to benefit CSSCA. Fairway Market will donate 5% of your purchases to The Centre.



10% discount on purchases made on Wednesdays, when showing your 2017 CSSCA membership card



Peninsula U-Brew Winery offers 10% off Wine, Beer and Cider Kits every first week of the month to CSSCA 2017 cardholders



10% discount on the first Monday of every month to 2017 CSSCA cardholders



15% off on your purchases at J J 's Coffee House on Tuesdays and Wednesdays with your 2017 CSSCA membership



With less than a month to go before the Vintage Wedding Dress Event, its time to bring in those wedding pictures. Even if you didn't bring in your dress, we are taking pictures for our wall of memories



Sue, Dorothy and Pam are busy making paper flowers for the fashion show on May 28th. Tickets are 50% sold out. Get your tickets soon. Don't wait

The first round of students arrived for the vintage wedding dress fittings, April 22nd. What a fun morning.

A lot of work goes into the planning of an event of this size. It can not be done without the help and sponsorship of some of the local businesses. A special thank you goes out to **Thomas Phillips Woodworking Ltd** for building 33 dress forms to display a lot of the dresses.



The Centre News

Heart of the Peninsula

1229 Clarke Rd., Brentwood Bay, BC V8M 1E2

250-652-4611 cssca@shaw.ca

www.centralsaanichseniorscentre.org

CSSCA Executive

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Past President: Margaret McKelvie

Corresponding Secretary: Valerie Park

Recording Secretary: Elizabeth Skaggs

Treasurer: Thea Revoy

CSSCA Board Directors

Wendy Wignall Shirley Monych

Kurt Sommer Marilynn Murray

Braunda Gustafson Margaret Sharples

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