

The Centre News

Heart of the Peninsula



MARCH 2018



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March Events

CSSCA Board Meeting

- * Thursday, March 1st, 9:30 sharp

Bus Trippers

- * Maritime Museum of BC
- * Friday, March 9th, 9:00 am

Scottish Country Dance Fun Friday

- * Friday, March 9th, 7 - 8:30 pm

Potluck

- * Thursday, March 15th noon

Speaker Series

- * Friday, March 16, 1:30 pm
- * David Spence Royal Commonwealth Society

Brentwood Bay Boozing Buddies

- * Sunday, March 18th meet at Centre 1pm to carpool
- * Hermans Jazz Club

Lunch Bunch

- * Thursday March 22nd, 11:30 am
- * Brentwood Bay Pub

Sunday Social

- * Knackers Yard - Celtic Band
- * Sunday, March 25th, 2- 4 pm
- * Refreshments & Entertainment

Bingo

- * Wednesdays 1— 4 pm
- * Everyone 19 and over welcome
- * Refreshments served
- * **Easter Bingo March 28th**

Easter

- * The Centre is closed
- * Friday March 30th and
- * April 2nd

President's Message

President's Message

It's hard to believe that I have been president for a year already and have only a year to go before my term is over. The Annual General Meeting was held on Thursday, February 18th, and despite efforts to make members aware of the event the turnout was very disappointing. The AGM and other General Meetings are opportunities for your voice to be heard.

At the AGM we welcomed four new members to the board, Joyce Vezina, Robert Atkins, Joanne McGowan, and Gerie Turner, thank you for agreeing to serve. We said goodbye to Wendy Wignall who has arranged the Friday talks, and Thea Revoiy has stepped down as treasurer, our sincere thanks goes to both of you for all the work you have done over the years. Margaret McKelvie has taken over the role of treasurer.

We still do not have the position of vice-president filled who will take over from me in twelve month's time. Additionally, we need volunteers to fill the role of coordinator of the Sunday Socials including arranging the entertainment, and someone to fill Wendy's role of arranging the speakers' series, we cannot continue to rely on Laureen to handle those as well as her other duties, if the members wish these events to continue please help.

Another area where we need help is with the Wednesday bingos. One of our long serving cashiers has stepped down which leaves just three, which presents difficulties during illness or vacations. Even though bingo attendance has declined it is still an important source of income for the Centre, so again if you have the time to help one Wednesday a month let us know.

On a lighter note, it is great to see the changes in the weather and noticing the snow drops and other early blooms appearing, spring is just around the corner.

Michael Bird



Congratulation to Etiola Pettyjohn, winner of the monthly draw for the Volunteer of the Month,



Isabelle has finally returned from an overseas trip to pick up the beautiful quilt donated by Muriel de Greef for the Christmas raffle.

Around The Centre



New Members Are Joining

Welcome, Glad you are here!

Don Chambers

Shirley Jones

Gerry Langelier

FEBRUARY

SUNDAY SOCIAL



Ron Sera bringing some toe tapping sing a long tunes to the centre



Mar 2	Shelly	Cadorin
Mar 3	Renee	Nicholls
Mar 4	Rosemary	Wellman
	Ravi	Meha
Mar 9	Sandra	Jaycox
Mar 11	Thea	Revoy
	Laureen	Barr
Mar 18	Rayana	Reece
	Grace	Laberge
Mar 23	Pat	Randazzo
Mar 29	Betty	Board



Margaret, on the left, has that winning smile of a 50/50 winner with Clair the proud door prize winner of a Thomas Kinkadee adult colouring book.



Around The Centre



Above, to the right and below the Centre Weavers (our fabric artists) are busy creating amazing woven fabrics, for tablecloths to tea towels, scarves and blankets just to name a few.



Join Us for Pot Luck!

If you think the February Potluck luncheon looked delicious, you should have seen the dessert table. Better yet come out and join us the 3rd Thursday of each month with your favorite dish, enough to share.



Skor Squares

1, 250 g box of Ritz Crackers (crushed)
1 can sweetened condensed milk
3/4 bag of skor toffee bits
Mix well bake in a 9 x9 pan 350 for 25 minutes

Icing: 3—tbs cream, 1/4 cup butter, 3 cups icing sugar, 1 tsp vanilla . Ice when cool and sprinkle rest of skor bits on top.

Around The Centre



Sunday, February 18th, the Vintage Wedding Dress Fashion Show committee shared two videos of the fashion show from May 2017 with members that didn't have the opportunity to see the show. This was the first time the committee, including myself, viewed the fashion show as we were so busy behind the scenes. To add to the afternoon, the committee decided to fancy it up with a traditional British afternoon tea. Me being me, (a northern redneck not used to tea time), had to google the difference between afternoon tea and high tea.

Everyone knows that High Tea is a British tradition with origins in the 19th century. However to my surprise it is the upper (higher) class that enjoyed afternoon tea around 4 pm. A tradition started by Anna, the 7th Duchess of Bedford as she couldn't wait until the 9 pm dinner hour without an afternoon snack. The habit quickly caught on.

Now High Tea was for the common worker who had to wait until after work, around 9 pm. After a day of hard labour, High Tea generally served up heartier dishes, often hot and filling, accompanied by a pot of good, strong tea to revive flagging spirits.

As you can see from the photos above, the afternoon included a delicious array of dainties to go with the tea. Thank you to everyone who brought in goodies and helped with the set up and take down.



Vivien's recipe for Clotted Cream

- 1/2 lb. unsalted butter
- 2 level tsp. gelatin
- 1/2 pint whole milk

Place in saucepan & heat slowly until gelatin & butter are melted. Pour into blender & blend for 50 seconds. Refrigerate, stir well after about 40-50 minutes. May add more milk to thin if needed, stir before serving.



The Vintage Wedding Dress Event committee

Activities



ARMCHAIR THEATRE

1ST & 3RD Thursday monthly

1:00 pm - 3:00 pm

ALL ARE WELCOME!!

Join Jeff Shultis and fellow "wanna-be actors" for a Sit-Down and coffee, while we READ and possibly even ACT OUT (if you want to...no pressure!), Radio and TV scripts, short comedic and dramatic scripts from a by-gone era.

Absolutely no memorization needed just a JOY for LIFE and a LOVE for FUN



Welcome to Easter Bingo

Wednesday-
March 28th

An afternoon of fun and entertainment at:

The Centre
For Active Living 50+
1229 Clarke Road, Brentwood Bay
(Adjoining the Brentwood Library Branch)

Lots of Free Parking!

Open to everyone 19 and over

Cash prizes, special games and a progressive jackpot.
Refreshments available.

Proceeds go to operating costs for The Central Saanich Seniors Centre. Come out and support this non-profit facility which provides recreation and support for all seniors on the peninsula.

BC Gaming Event Licence #97274

Know your limit, play with in it 19+

For Help: 1-888-795-6111 or

www.bcresponsiblegambling.ca



Brentwood Bay Boozing Buddies

Sunday, March 18th

Doors open at 2 pm



Sign up sheet at the Centre Reception
Meet at the Centre at 1:00 pm if you wish to carpool.

SUNDAY AFTERNOON DIXIELAND

Dixieland & Swing: CanUS Jazz Band

one of Victoria's premier dixieland & swing bands

Mike Broadly and the Dixie Boppers

a top trumpeter among the Canadian Forces Bands

Dixieland Express

formed in the 1980s, and still active!

Sundays
3-6pm, doors at 2
\$12, all ages

Hermann's Jazz Club
755 West St, Victoria BC
(779) 838-5100
www.hermannjazz.com
@hermannjazz



Scottish Country Dance Fun Friday

March 9

7-8:30 pm



Wear comfy clothes and lightweight flat soft soled shoes

No need to bring a partner

Experience an evening of Scottish Country Dance at the Centre 50+
Bring the kids, grandkids, mom, dad and learn the easy fun dances called.
The dances are designed for anyone capable of walking with no dance experience required.
\$3 per person * \$6 per Family * First visit free * Members Free

Activities



Beacon Community Services is excited to offer CSSCA an opportunity to meet new friends, visit shopping malls and be dropped off with their purchases at the Centre.

March 5th Uptown Mall

March 12th Hillside

March 19th Tillicum

March 26th Uptown Mall

Sign up sheet at The Centre 50+ reception.



Songbirds



Do you enjoy singing?

Why not join our friendly choir at the centre.

No auditions necessary just a love of singing!

Join Larry Skaggs our Director & Louise Eldridge our pianist

Tuesdays 1:00 PM

Men & Women 50+ Welcome

Free Income Tax Preparation & Filing

Beacon Community Services will host a Community Volunteer Income Tax Program (CVITP) at Central Saanich Seniors Centre on the following dates:

Friday April 6th 10am – noon

Friday April 13th 10am – noon



This program is a free service for community members who are on a low to modest income. (Single person up to \$30,000, a couple up to \$40,000 and interest income less than \$1,000, and your tax situation must be simple)

Intakes will be on a first come, first served basis each date. All community members are welcome.

Activities



**Lunch Bunch
Group
Dine
March 22nd, 2018
11:30 am**



**Located at
849 Verdier Road
Brentwood Bay**

**BRENTWOOD BAY
Pub**

Sign up sheet at The Centre 50+ reception. Please advise if you can drive. Meet at the Centre at 11:00 am to carpool.



With an icy parking lot and poor road conditions we closed the centre February 22nd but look at the crowd that showed up for the bunch lunch at the Bleue Coyote, photos below and above

Thank you Corrine Marshal for arranging the monthly lunch bunch outings.

Photography Club

March 12th at 1:00 pm, the photo club is meeting with our member Jim Fowler. He will go over the basic principals of photography and take questions. It's a session we can all use.



Than on March 26th we will find some lambs to photograph. Who can resist a cute lamb.

Art Appreciation Group

March 13th our topic will be Seurant and on March 27th we are travelling downtown for Lund's Fine Art Auction (meet at 5:30 pm at the Centre) to get there early enough for the preview.



Congratulations to all 16 of the Centre members that took the Food Safe Level 1

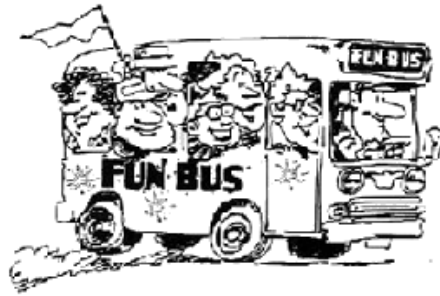
We all passed!! The original

Certificates are ready to be picked up. The copies will be posted on the bulletin board in the kitchen.



Activities

The Bus Trippers Busing for Fun



The *SS Princess Sophia* Exhibition commemorates the 100th anniversary of the tragic sinking of the Princess Sophia, in which all 350 aboard lost their lives. The Princess Sophia traveled from her home port in Victoria, to Skagway, with many stops along the way. Those communities in BC, Yukon & Alaska relied heavily on this route to travel. When tragedy struck, all three jurisdiction were impacted heavily and in unique way. 100 years later the 3 jurisdictions are uniting to commemorate this marine disaster.

Friday, March 9th

City Transit - \$5.00 /Day Pass

Museum — \$8.00 /Senior Rate

We catch the 9:21 am #75 to the Saanichton Exchange, then transfer to #72 bus at 9:31 am.

Sign up sheet and further details at Reception



It was a lovely day for a bus trip to view the creative works of the 3 Women & 1 Man Art Exhibit in February

On the left, Vivien and Margaret with Ravi to the right.

Before the Bus Trippers returned home, we just had to stop at the Dutch Bakery.



Speakers Series at The Centre

Friday, March 16 * 1:30 pm * by donation at the door
1229 Clarke Road, Brentwood Bay

Guest Speaker: David Spence RCS Vancouver Island President

Topic: All Things Commonwealth



**THE ROYAL COMMONWEALTH SOCIETY
OF CANADA**

The Royal Commonwealth Society Vancouver Island (RCS V.I.) actively promotes a future to believe in by placing an emphasis upon greater awareness and respect of Commonwealth Principles

Two core programs the Society supports include both the annual Student Commonwealth Conference held at a local high school and the National Student Commonwealth Forum in Ottawa.

A special Luncheon on Commonwealth Day (the second Monday in March) is hosted regularly by our Patron, the Lieutenant Governor, Her Honour, Judith Guichon, and is held at Government House. A Commonwealth message is sent from Her Majesty, Queen Elizabeth II, Head of the Commonwealth, and is read on the occasion of the Luncheon.



Sunday Social

The CSSCA Presents the

knacker's yard



*victoria based folk music group
performing traditional celtic, english
and original songs and instrumentals.*

Sunday, March 25, doors open at 1:30 pm

Entertainment 2:00 pm Afternoon Tea at 3:00 pm

Admission By Donation



Door prizes!!

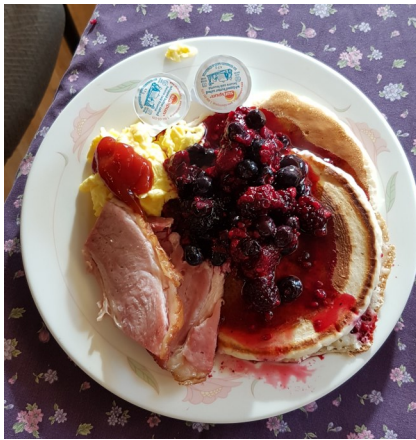
Weekly Activity Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Aerobics 9 - 10 am	Scottish Country Dance 10:00 am 11:30 am	Aerobics 9 - 10 am	Scottish Country Dance 10:00 am 11:30 am	Aerobics 9 - 10 am	NIA Dance 9:30 - 10:30
Mild Fitness 10:15 - 11:15 am		Mild Fitness 10:15 - 11:15 am		Mild Fitness 10:15 - 11:15 am	
Bridge 12:30 - 3:30 pm	Painting 12:30 - 3 pm	Weaving 11:30am - 2:30pm	Pot Luck Lunch 3 rd Thursday 12:15 pm	Chair Yoga 12 - 1 pm	Jammin' Seniors 9:30am - Noon
Photography Club 2nd & 4th Monday 1 pm	Songbirds Choir 1 - 2 pm	500 Club 1 pm	Lunch Bunch 4 th Thursday 11:30 am Sign-up sheet in office	BUS TRIPPERS 2nd Friday Of each month Sign up sheet at reception	Bridge Clinic 12:30 - 3:30 pm
Scrabble 1:30 pm	Poker 1 pm	Bingo 1 - 4 pm	Table Shuffleboard 2 pm	Cribbage 1 pm	
Brentwood Bay Boozing Buddies 11:30 am 2nd Monday of the month Sign up sheet at Centre		Knitting 2 - 3:30 pm	Armchair Theatre 1st & 3rd Thursday 1 pm - 3 pm	Speakers Series 1:30-3:00 PM 3rd Friday of the month	
	Art Appreciation 2nd & 4th Tuesday 7 pm			Scottish Country Dance 2nd Friday 7—9 pm	

If you wish to receive the newsletter via email, please advise the centre reception.



The Centre has reserved 54 seats for the 2 pm performance of Grease Saturday, August 18th. Tickets will be available May 1st and will include the meal and transportation. The performance for Little Women has been booked for the Saturday matinee, December 1st. These tickets will be available October 1st.



If there is one thing I have learned since arriving at the centre, is that it is impossible to single any one person out for their contribution to the centre. Every time I turn around someone is doing something somewhere. It is so busy and organized with folks knowing what needs to be done and doing it. Trying to get a picture of the volunteers during the pancake breakfast was impossible, they were moving too fast. Then once the pancakes dipping with strawberries, plus the ham and eggs were served up, I forgot all about taking pictures of the volunteers hard at work flipping pancakes. Instead I did what my kids do, I took a picture of the food. If you didn't make the pancake breakfast now you can see what you missed.

Ps. This is not a picture of my plate, first it has ketchup on the eggs and mine had a bigger stack of pancakes.



THE CENTRE FOR ACTIVE LIVING 50+

1229 Clarke Rd., Brentwood Bay, BC V8M 1E2

250-652-4611 cssca@shaw.ca

www.centrialsaanichseniorscentre.org

CSSCA Executive

President: Mike Bird

Past President: Margaret McKelvie

Corresponding Secretary: Valerie Park

Recording Secretary: Elizabeth Skaggs

Treasurer: Margaret McKelvie

CSSCA Board of Directors

Wendy Wignall

Shirley Monych

Vic Peters

Marilynn Murray

Braunda Gustafson

Margaret Sharples

Renee Nicholls

Dale Broad

Thea Revoy

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