

# The Centre News

Summer 2023

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## *President's Message*

Summer has started in earnest. It's a great time of year to go for a walk and see all the lovely gardens with flowers in full bloom.

Thank you to Gerie Turner and Roger Boutilier for organizing our involvement in the Brentwood Festival Parade on Saturday, June 3, showcasing all of the activities and programs we provide. It is important for us to take every opportunity to promote our Centre and increase visibility in the community.

Thanks also to all of the members who participated. Your time and effort are greatly appreciated.

Many of our Central Saanich members participated in the municipality's focus group on the Age Friendly Community Plan. This focus group was one of the avenues Central Saanich used to collect information. A report on their findings, titled *What We Heard*, has recently been issued. If you wish to see this report, there are a couple of copies in the Front Desk. Please check with the Receptionist.

During the summer many activities and programs will take a summer break. Please check with the Activity Leader on

the status of your activity. This issue of the newsletter is our "summer" issue. The next newsletter will be in September.

Enjoy your summer. Weather reports indicate this could be a very warm one.

*Dale Broad,  
President*

## **Coming Events**

### **Speaker's Series**

June 16 at 2 p.m.

### **Bingo**

June 21, July 5 and 19, September 6

### **Hot Dog Day**

June 21 and July 19 (no Bingo in August) at noon in the downstairs kitchen

### **Potluck Lunch**

No potluck lunches until September

### **Lunch Bunch**

June 22 at 11:30 a.m., Mary's Bleue Moon Café

### **Art Appreciation**

June 27 at 7 p.m.

### **Strawberry Tea**

June 25, 1:30 to 3:30 p.m.

### **Now THAT'S Funny!**

Sept. 8 at 2:22 p.m.

## It's Strawberry Tea Time!

*By Gerie Turner*

Our Strawberry Tea will be held on Sunday, June 25. Drop in between 1:30 and 3:30 p.m. and enjoy delicious, fresh, local strawberry shortcake served with tea or coffee.

Don't forget to have a look at the art around the room from the Tuesday Afternoon Art Group.

Tickets are on sale at the Front Desk at \$12 for members and \$15 for guests.

We will need various volunteers such as cake-makers, strawberry cutters, set-up, and clean-up. If you are able to help, please sign up in the upstairs kitchen.

Thanks to all who volunteer to make our Strawberry Tea Day special.

Let's enjoy this fabulous treat together!



## Summer Office Hours

From July 5<sup>th</sup> to August 14<sup>th</sup>, the office will be open on Mondays and Wednesdays from 10:00 a.m. to noon.



## Shuttle Bus to Farmers' Market

*From Beacon Community Services*  
To help our community access our fabulous local market at the Saanich Fairgrounds on Saturday mornings, Beacon Community Services will have a bus picking up people at various pick-up points in Central Saanich to take them to the Peninsula Country Market on June 10<sup>th</sup> and 24<sup>th</sup>.

The details are as follows:

For **Central Saanich residents** the bus will be picking up from the following spots:

10:30 a.m. – Pick-up at Shoppers' Drug Mart

10:40 a.m. – Pick-up at Legion Manor

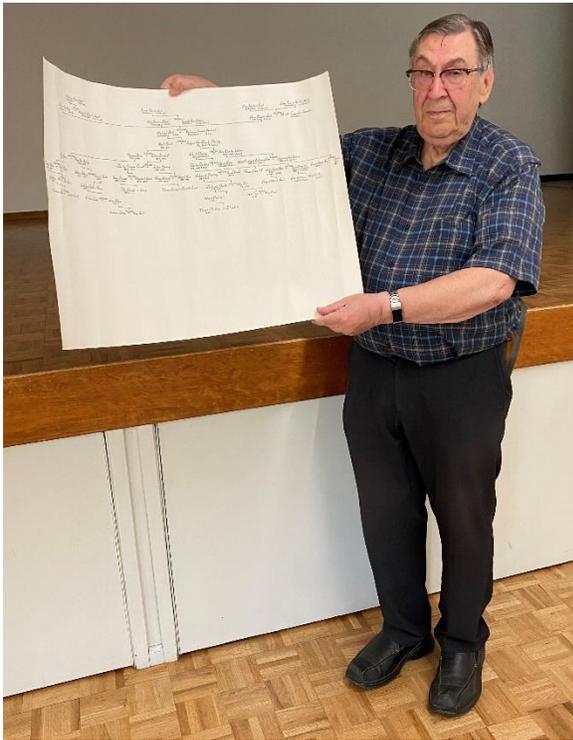
10:55 a.m. – Pick-up at Brentwood Elementary School

11:05 a.m. – Pick-up - ŁÁU, WELNEW Tribal School

11:15 a.m. - Arrive Peninsula Country Market

The return journey to the **Central Saanich pick-up/drop-offs** will start by leaving the market at 12:15pm.

**Please call 250-656-5537 to reserve your spot.**



## Mystery Solved

*By Joan Boutilier*

The long-awaited answer to Michael Bird's provocative question: "Mommy, where did I come from"? was revealed at the June *Raconteurs* presentation. During Michael's childhood, his mother's origin was a closely guarded secret. With the help of websites such as Ancestry and the Mormons' genealogical archives, he was able to flesh out the family tree, discovering remarkable individuals who had stories of courage and endurance. For more details ... go to the source. Michael is an amazing guy and now we know why! Thank you, Michael, for using your family as a case study to reveal insights and advice on how to uncover the stories of our own ancestors.

*Raconteurs* is going on holiday for the summer and will return in October. Watch for the exciting fall line-up!

## Now *THAT'S* Funny is Back!

*By Roger Boutilier*

That's right: circle Friday, September 8<sup>th</sup> on your calendar and show up at the Centre by 2:22 p.m. to be entertained by CAROL BURNETT! We will sketch out her rise to fame including the fact that she was the first woman to host a prime-time U.S. variety show, which ran for 11 seasons from 1967 to 1978.

Along the way we will meet some of the zany cast who helped to attract a wave of Emmy and Golden Globe nominations and awards. You will need to bring along your \$2 admission of course ... even if you do dress-up as a charwoman complete with string mop and bucket in hand, although I, for one, would find that highly amusing!

## Activities Update

*By Dale Broad*

- **Pool** is cancelled until September when we will canvas members to determine if there is sufficient interest for this activity to continue.
- **Potluck Lunch** will not take place in June, July, or August. The next Potluck Lunch will be in September.
- **Lunch Bunch** will take a break for July and August.

- **Raconteurs** will take a break for July, August, and September.
- **Bingo:** No Bingo in August as the volunteers take a well-deserved break.
- **Hatha (mat) Yoga** meets on Thursdays from 12:30 to 1:30 p.m. in the Main Hall. Space is still available and the cost is \$6 per class which includes the Centre Activity Fee. Your first class is free if you want to try it out.

leading or in joining a stamp collector's club, please let the Front Desk know.



## Art Appreciation Group Meets

*By Gerie Turner*

The Art Appreciation group will meet at 7:00 p.m. Tuesday, June 27 to learn about American artist, Georgia O'Keefe. Any member interested in contemporary or historic art is welcome!



## Are You a Stamp Collector?

*By Krystina Manning*

We've had an inquiry about a stamp-collecting club. To begin such a group, we need an activity leader. The responsibilities would simply be to open the Centre for club members and collect the activity fee. If you are interested in

## Happy July Birthdays!

July 2	Randy Mains
July 3	Sharon Klein
July 4	Davis Rootham
July 15	Joyce Vezina
July 17	Larry Skaggs
July 20	Nicki McAra
July 21	Linda Polsson
July 21	Diane Budden
July 23	Lynne Johnson
July 24	Ruth Charlish
July 29	Margaret Newman

## Happy August Birthdays!

August 4	Valerie Thompson
August 9	Nancy Jacobsen
August 10	Corrine Marshall
August 11	Moyra Thompson
August 14	Ann McMillan
August 16	David Broad
August 16	Judith Jenkins
August 20	Elizabeth Prouss
August 21	Sharon Wright
August 21	Geoffrey Cochrane
August 29	Valerie Wishlow
August 30	Joe Seewald
August 31	Sally Palmer

## Happy September Birthdays!

September 1	Ken Bull
September 4	Sheila Erickson
September 11	Patricia Tranter
September 13	Barbara Litton
September 13	Sherry Nesbitt
September 16	Joslynn Beishcher
September 16	Hedy Basic
September 18	Happy Smith
September 21	Barb Mordaunt
September 21	Joan Raines
September 25	Maria Pedro
September 28	Janis Ball

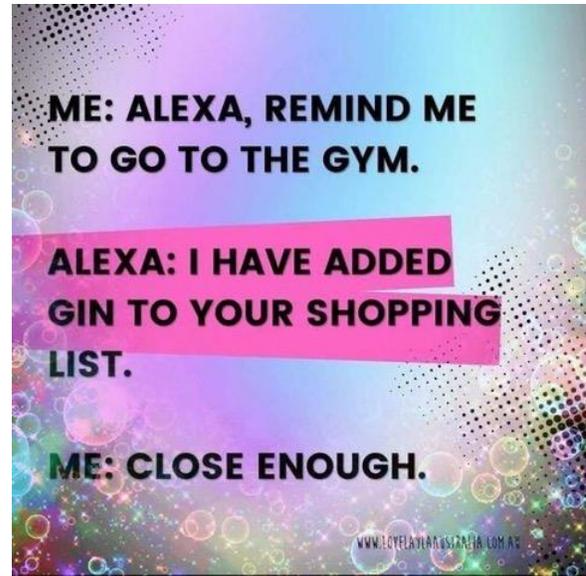


## Welcome New Members!

Sheila Erickson  
Susan Lupomesky  
Felicity Streeten-Horne  
Monica O’Keeffe  
Margo Styan  
Ann Lewis  
Valerie Thompson

## “Recycled teenagers” from The Centre Rock the Brentwood Festival Parade!





### Quotable Quotes

“I won’t be old till my feet hurt, and they only hurt when I don’t let ‘em dance enough, so I’ll keep right on dancing.”

- Bill “Bojangles” Robinson,  
American dancer

*Submitted by Mary Grant*

**Contributions to the Newsletter:** if you would like to contribute news, writing, photography, recipes, or jokes to the newsletter, please send them to editor Shelly Dennis-Orr at [sdennisorr@gmail.com](mailto:sdennisorr@gmail.com)

# **SPEAKER'S SERIES**

**Friday, 16<sup>th</sup> June at 2 pm**

**BETH LOUNDS** from Applied Bio-nomics presents:

## **“An Introduction to Integrated Pest Management”**

This is an opportunity to learn which insects are good and which are not so good in your garden or small greenhouse. Beth can help with organic solutions regarding the insects you don't want. Applied Bio-nomics is a company based in North Saanich and was founded in 1980.

All are Welcome!

Admission by donation - includes tea or coffee

# Weekly Activity Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Aerobics</b> 9:00- 10:00am		<b>Aerobics</b> 9:00 - 10:00 am	<b>Scottish Country Dance</b> 10 :00am - Noon	<b>Aerobics</b> 9 :00- 10:00 am	<b>Jammin' Seniors</b> 9:30am - Noon
<b>Mild Fitness</b> 10:30 - 11:30 am		<b>Mild Fitness</b> 10:30 - 11:30 am	<b>Hatha (mat) Yoga</b> 12:30—1:30 pm Starts April 27 (except 3rd Thurs)	<b>Mild Fitness</b> 10:30 - 11:30 am	
<b>Bridge</b> 12:00 -4:00 pm	<b>Art Group</b> 12:00 - 3:00 pm	<b>Weaving</b> 11:00am - 3:00pm	<b>Pot Luck Lunch</b> 12:00—1:30 pm 3 <sup>rd</sup> Thursday		
	<b>Pool/Darts</b> 1:30 pm Start date TBD	<b>500 Club</b> 1:00—3:30pm	<b>Lunch Bunch</b> 11:30 AM 4 <sup>th</sup> Thursday	<b>BUS TRIPPERS</b> 2nd Friday Of each month Date TBD	<b>Bridge</b> 12:00—4:00 pm
	<b>Chair Yoga</b> 2:30—3:30pm	<b>Bingo</b> 1:00 - 4:00 pm 1st and 3rd Wed	<b>Book Club</b> 2:00—3:30 pm 2nd Thursday	<b>Raconteur</b> 2:00—3:00 pm 1st Friday	
		<b>Knitting</b> 1:30—3:30 pm	<b>Writing Circle</b> 2:00—3:30 pm 3rd, 4th and 5th Thursday	<b>Now That's Funny</b> 2:22—3:22 pm 2nd Friday	<b><u>SUNDAY</u></b> <b>Walking Group</b> 2:00 pm
			<b>Bridge</b> 12:00—4:00 pm	<b>Speakers Series</b> 2:00-3:00 PM 3rd or 4th Friday	
	<b>Art Appreciation</b> 7:00 pm 2nd & 4th Tues				<i>New schedule for newsletter may 23.pub</i>