



APRIL 2017

*April Showers
Bring May Flowers*



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April Events

CSSCA Board Meeting

* Thursday, April 6th, 9:30 sharp

Bus Trippers

* Friday, April 7th Eagle Feather Gallery & the Maritime Museum

Easter Bingo

* Wednesday April 12th 1 pm

CSSCA General Meeting

* Thursday, April 13th 2 pm

Good Friday/Easter Sunday

* The Centre is Closed

* Friday April 14th & Monday April 17th

Beacon Community Tax Services

* Thursday April 20th 10 am to noon

Potluck

* Thursday, April 20th 12:15 pm

Music Bingo/Karaoke

* Friday, April 21st 2 - 4 pm

New Winery Tour Group

* Monday April 24th noon

* Sea Cider Farm & Ciderhouse

Lunch Bunch

* Thursday, April 27th, 11:30

* The Prairie Inn

Sunday Social

* The Encores

* Sunday, April 30th, 2- 4 pm

* Refreshments & Entertainment

Bingo

* Wednesdays 1— 4 pm

* Everyone 19 and over welcome

* Refreshments available



President's Message

President's Message

Spring is taking its time arriving this year, we just don't seem to be able to string several warm days together to enable all the flowers and blossoms to bloom. Despite spring's delays the Centre has been busy this past month with ongoing activities and preparations for the Vintage Wedding Dress Show in May.

March 26th saw a full house for the Sunday Social with a performance by Marc Tardif-Le Magicien, I still don't know how he does the rope trick even though I was sitting close.

As we wind down for our 2016/2017 Sunday Socials I want to say a huge thank you to all the ladies in the kitchen, who each month contribute to the success of the socials. These ladies arrive early to set up and prepare the goodies and drinks for after the performances, many of them have been doing this for several years and it would be nice if a few more members would volunteer to help to give them a break. As I have said before volunteering at the Centre should not be a lifelong commitment.

Another group I would like to thank are those members who each month supply various sandwiches and goodies for our socials, your contributions are greatly appreciated

Whilst on the subject of volunteers Laureen has been working to set up the computer club and needs two or three members to take the lead to bring it to fruition. If interested see Laureen for details. Laureen as coordinator has the role of finding programs that would benefit our members but does not have the time to lead those programs.

You will note that we have a new food bank container which was supplied by the Sidney Lions Club who will also collect any items supplied by our members.

Mike Bird

President

Membership Fee Policy – 2017

1. January 1, 2017 all members and new members will pay \$30 which covers their membership to August 31, 2017
2. Beginning 2017 the membership year will run from September 1, 2017 to August 31, 2018 and following years. The annual fee remains \$60.
3. September 1, 2017 our new membership year takes effect and all members and new members will pay the annual fee of \$60 which covers their membership from September 1, 2017 to August 31, 2018
4. Anyone is invited to attend an activity once, free of charge. If a person decides to continue participating in that activity, without becoming a member, they are required to pay \$3 to The Centre each time they attend which is in addition to any other fees.
5. For people who wish to join The Centre and cannot afford the fees, you may qualify for free membership by applying through Panorama Leisure Centre's Life Program (forms available at CSSCA desk).

Around The Centre



Con Sollid
Mary Philpott
Cathy Becker
Joanne Campbell
Janet Beitz
Margaret Legare
Diane Polson

Welcome to our new members



| | | |
|----------|-----------|-------------------|
| April 1 | Harbhajan | Kareer |
| April 4 | Mary | Law |
| April 5 | Lynda | Tucker |
| April 6 | Rosemary | Nyren |
| April 7 | Inge | Kohls |
| April 12 | Donna | Flood |
| April 13 | Caroline | McVey |
| April 16 | Trudy | Exton |
| | Rhonda | Kool |
| April 17 | Bill | Cole |
| April 18 | Joyce | Wolfe |
| April 20 | Lynda | Miller |
| April 21 | Berniece | Lambert |
| April 27 | Muriel | de Greef |
| April 29 | Con | Sollid |
| | M Robert | Viggers |
| April 30 | Ingrid | Schmidt-Ostrander |



Friday Speakers Series March 3rd was an eye opening experience. Jennifer Cairns of eGurus Technology brought the members up to date with some of the new technology coming out in the near future.

Jennifer of eGurus and Ron from London Drugs would like to help us get our new up coming **computer club** off the ground. In order to do so we need to develop a program/agenda. If you are interested in assisting with the development of a program, we will be meeting on Tuesday April 4th at 3 pm. Please join us, your input is important.

Around The Centre



Central Saanich **Jammin' Seniors** 50+



Saturday mornings 9:30 am to noon

Bring your guitar, ukulele, banjo, drums, etc.
Come out and join in the fun of jammin' with us.

Members Drop In \$2.50 Non-Members Drop In \$5.00

Scottish Country Dancers

Taking a photo break from practise for the June 2nd Ceilidh at 7 pm. Mark your calendar, we are all invited to join in. The dancers practise Tuesday and Thursday morning at 10:00 am and on Friday evening at 7 pm



VOLUNTEERS

Enter your name into our monthly draw for the opportunity to win a \$25 gift card.

Volunteer of the Month Doreen Martin



The Centre welcomes the Beacon Community Services Youth Program volunteers who joined our Centre volunteers March 26th at the Sunday Social.

It was a full house on Sunday over 150 people. Thank you for all the hard work put in.



Sunday Social Marc Tardif



Front row, Inge and Glen with Pam and Joan in behind. A special Thank You to the Panorama Swim Club for bringing Marc Tardif to the Centre Sunday Social on March 26th. The swim club provided the door prizes and brought in dessert platters. Marc Tardif filled The Centre to capacity. It will be the talk of the Centre for months to come.



The 50/50 draw and the winner is Wilma

Stamp Corner

The Indians (First Nations) of Canada

When Europe discovered the New World in the 15th century, there were approximately 200,000 Indians (First Nations) spread across the vast Canadian land mass. In the woodlands of the East the Algonquins, migratory hunters and fishermen, lived in uneasy proximity with the tribes of the Five Nations of the Iroquois. The Iroquois, like the Hurons, lived in towns and villages and were farmers or traders.

Related to the Algonquins were the Blackfoot and Crees of the prairies. Life for these tribes centered on the buffalo hunt. A cultural distinction of the Crees and another tribe of the plains, the Assiniboine, was the practice of the Sun Dance, a religious festival in preparation for the hunting season.

In the great Northland from Hudson Bay to the Yukon River lived the tribes of the Athapaskan, the most numerous of which were the Chipewyans of the Churchill River. Farther north were the Yellow-knives, whose name came from their use of copper implements.

Probably the most sophisticated of the Canadian tribes were the North Pacific Coast tribes. Most of these tribes had an aristocracy, and the Tlingit and Tsimshian were slaveholders. Food was plentiful, the climate mild, and the decorative arts flourished. A unique custom was the potlatch, a lavish ritual gift giving whereby the wealthy increased their status. Most tribes lived in large wooden houses supported by great beams. The custom of carving these beams with heraldic devices evolved into the carving of totem poles, a 19th century phenomenon.

Canada Post honored our First Nations at numerous times with issues of a variety of stamps.

The Attachments are:

1.) A painting of a buffalo hunt

2.) stamps: #1 October 1950, Fur Resources

#2 February 1953 Totem Pole

#3 1967-1970 Centennial Definitive (2 cents) issue. Queen Elizabeth II with totem pole.

#4 (4 stamps) July 1972 / October 1972 picturing the Plains First Nations.

#5 (4 stamps) February 1973 / November 1973 picturing the Algonkian First Nations.

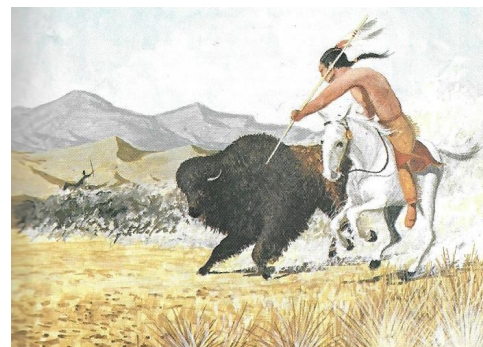
#6 (4 stamps) January 1974 / February 1974 picturing the Pacific Coast First Nations.

#7 (4 stamps) April 1975 picturing the Subarctic First Nations.

#8 (4 stamps) September 1976 picturing the Iroquoian First Nations.

If you want to talk about stamps, or have any questions, please phone, or e-mail kurtmartha@outlook.com

Sincerely Kurt Sommer



Upcoming Events

Free Income Tax Preparation & Filing

Beacon Community Services will host a Community Volunteer Income Tax Program (CVITP) at Central Saanich Seniors Centre on the following date:

Thursday April 20th 10 am—noon

This program is a free service for community members who are on a low to modest income. (Single person up to \$30,000, a couple up to \$40,000 and interest income less than \$1,000, and your tax situation must be simple)

Intakes will be on a first come, first served basis.
All community members are welcome.



Transportation to medical appointments.

Volunteer Drivers are available to take Saanich Peninsula residents to any medical/health related appointments. Drives can be local or downtown Victoria. There is no charge for this service.

For more information or to register please call:

Deb Greenaway

Beacon Community Services

250-656-5537



Income Tax Evasion

As is usual at this time of year I ponder the deadline for submitting my Income Tax Return. A few weeks to go yet, so thinking I will be very smart this year and be ahead of the game. Remembering my problem last year, yes I finally returned my Income Tax forms in June, with of course the usual penalty to pay and interest, I vowed not to let that happen again.

Well I admit that I am not a mathematician, but I did manage algebra, geometry, trigonometry and all the usual problems one deals with in early education. However, I ponder this document in front of me and begin adding the figures in the appropriate places, very simple I think to myself, this will be finished in no time.

As I continue, I note that for most figures I must either multiply by %15.25 or minus %3, or take %17 from this figure and add it to that figure on the next page.

Well recalling my early math days of percentages, I begin to solve the little problems and find the answers as I progress to each line. Then, feeling very pleased with myself I continue to the last page and the panic begins, Yes I arrived at the final equation from the previous page and followed all instructions only to arrive at another problem. Somewhere along the way I begin to realize that there are two more pages to attack, that is Federal and Provincial returns.

Why should I have to work out the amount of federal and provincial tax to be paid to the government when the government taxes me on every purchase I make and therefor have taken the said amounts from me already. After much complaining to whoever happens to be in the room with me at the time. I began to realize that this page must be completed as requested, otherwise I will be at fault; and having signed my name to this return then I would be making a false statement

Why do I bother with all of this nonsense anyway, feeling very frustrated with my attempt at accounting I file away these documents until another day.

However the day is just around the corner, time is moving on and I must beat the deadline, otherwise I will be at fault once again.

Once again I bring out all of the income tax documents and start all over again to solve the problems of % in order to reach a final figure of what I actually do owe the government.



All the time through this endeavor I think to myself, I am having some difficulties here in interpreting just what is required of me as a Canadian citizen. Now if I find this a difficult task, then how do other people who perhaps have not taken basic math cope with this task.


Of course I do realize that financial advisers and other tax accountants are available to me at a price, but I am determined to continue completing my own income tax returns for as long as I am able. Yes I do understand that I will receive a reply from Inland Revenue in good time, with either another bill requesting more money or perhaps a refund. Time will tell. Meanwhile my income tax return is safely on route via the post office to its rightful destination.

I await the next installment.

-submitted by Marianne Brackenridge (April 2007)

Upcoming Events

 **Vimy 100 / Canada 150** 




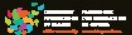



**Defining Canada:
Victoria High School Students & Graduates in WW I**

Wed. April 12, 2017
at the Victoria High School Auditorium

2:00–3:00 PM for Vic High students
7:00–8:00 PM for the general public No charge.

Featuring historian Barry Gough, author of
From Classroom to Battlefield

Students & alumni perform WW I Canadian songs.

Press Release for Vimy 100/ Canada 150

During 1914-1918 about 1 of every four students and graduates from Victoria High School participated in WW I, about 1000 students. Their participation was as a member of the British Commonwealth under the leadership of Great Britain. At Vimy Ridge Canadians fought under a Canadian commander defeating the German forces that had withstood British and French army assaults.

This battle victory came to be recognized as an emergence of Canadian forces strength and a watermark in the definition of Canadian identity.

A number of memorials and commemorative plaques and shields were made to honour Victoria High School students. These still exist on the school walls and in the school archives.

Barry Gough, historian and author of “From Classroom to Battlefield” will narrate the school’s and individuals’ stories to students and the general public.

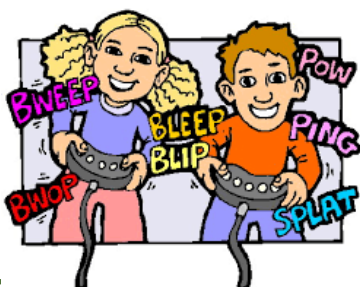
A seniors choir, the Songbirds of Brentwood Bay, and an orchestra will perform Canadian songs of WW I.

In Canada’s 150th year as a nation this is a historic celebration of the youth of Victoria High School and their role in the birth of the modern nation’s identity.

There are 2 performances on Wednesday, April 12: 2:00-3:00 PM and 7:00-8:00 PM in the Victoria High School auditorium.

Funding has been received from the Victoria Foundation via the Community Foundations of Canada.

The kids with the Boys & Girls Club are coming **Thursday April 20th** **3:30 pm** to show us how to use the Wii Games I found while cleaning the Centre. Then they have challenged the members to a tournament. Come on out and learn how to golf, bowl, play tennis and many more games.



Boys & Girls Club
Services of Greater Victoria



**ARMCHAIR
THEATRE**

1st Thursday of
each month.

See you April 6th
2 pm

Upcoming Events

Welcome to Easter Bingo



Wednesday April 12th 1 pm

An afternoon of fun and entertainment at:

**The Centre
For Active Living 50+
1229 Clarke Road, Brentwood Bay
(Adjoining the Brentwood Library Branch)**

Lots of Free Parking!
Open to everyone 19 and over

Cash prizes, special games and a progressive jackpot.
Refreshments available.

Proceeds go to operating costs for
The Central Saanich Seniors Centre.
Come out and support this non-profit
facility which provides recreation and
support for all seniors on the peninsula.



Sing A Long
MUSICAL
Bingo

April 21st
2 - 4 pm
Central Saanich Senior Centre 50+
Featuring Darryl Markin
PRIZES REFRESHMENTS
1229 Clarke Road, Brentwood Bay
250 652-4611 cssca@shaw.ca
Glen Sprague, Entertainment Coordinator 250 217-0144

**COME OUT AND JOIN THE
POTLUCK LUNCHEON
Thursday April 20th 12:15 pm**



Potluck



Saanichton
British Columbia

Prairie Inn (1894)

The Lunch Bunch Group will be dining April 27th at 11:30 am at The Prairie Inn & Pub located at the Corner of Mt Newton X Road & East Saanich Road

Sign up sheet at The Centre or contact corinnemarshall@shaw.ca or phone 250 652-7032. Please let us know if you can drive others

Upcoming Events

The CSSCA Sunday Social presents
April 30th at 2:00 pm

The Encores

A talented duo singing hits from
the 40's, 50's, 60's and 70's



Admission
\$5 Members
\$10 Guests
Tickets
Purchased
At The Centre

Door Prizes
50/50 Draw

Come join us after the performance for refreshments,
sandwiches and goodies.

1229 Clarke Road Brentwood Bay BC V8M 1E2 250-652-4611 cssca@shaw.ca www.centrialsaanichseniorscentre.org

CENTRAL SAANICH SENIOR CITIZENS ASSOCIATION



BOARD MEETING April 6th 9:30 am

GENERAL MEETING April 13th 2 pm



Scrabble has moved to Monday afternoon at 1 pm



Name our New Club

These are just a few suggestions

- Wine Not Group
- Wine A Little Group
- Celler Dwellers
- Happy Vines Tour Group
- The Say When Group
- Screw It
- Cork Masters
- The Corkies
- Wine On
- The Vintagers

We are a new group, that
will be exploring the
Island's many

Wineries
Breweries
Distilleries
to Tour & Taste & Nibble

Join us Monday April 24th noon
at the Sea Cider Farm &
Ciderhouse for our 1st

Tour & Tasting.

Sign up Sheet

At The Centre

reception



FRIDAY

April 7th

The

BUS TRIPPERS

Head to



The
Eagle Feather
Gallery

The
MARITIME MUSEUM
of BRITISH COLUMBIA

Entrance fee \$8.00 Maritime Museum

City Transit - \$5.00 for a Day Pass

Some will catch the bus at the Saanichton
Exchange at 8:45 am, the rest of us at the
W. Saanich/Wallace Road bus stop at 8:53 am

Then a nice lunch before hopping on the bus
back home. Sign up sheet at Reception

Weekly Activity Schedule

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|---|--|
| Aerobics 9 - 10 am | Scottish Country Dancing Walk Around 10 am | Aerobics 9 - 10 am | Scottish Country Dance 10 am—noon | Aerobics 9 - 10 am | NIA Dance 9:30 - 10:30 |
| Mild Fitness 10:15 - 11:15 am | | Mild Fitness 10:15 - 11:15 am | | Mild Fitness 10:15 - 11:15 am | |
| Bridge 12:30 -3:30 pm Time change | Painting 12:30 - 3 pm | Weaving 11:30am - 2:30pm | Pot Luck Lunch 3 rd Thursday 12:15 pm | Scrabble 10:15 am Changed to Monday 1 pm | Jammin' Seniors 9:30am - Noon New |
| Photography Club 1 pm | Songbirds Choir 1 - 2 pm | 500 Club 1 pm | Lunch Bunch 4 th Thursday 11:45 am Sign-up sheet in office | Chair Yoga 12 - 1 pm | Bridge Clinic 12:30 - 3:30 pm Time change |
| Scrabble 1 pm New | Poker 1 pm | Bingo 1 - 4 pm | Table Shuffleboard 2 pm | Cribbage 1 pm | |
| | | Knitting 2 - 3:30 pm | Armchair Theatre Date change 1st Thursday 2 pm - 3:30 pm | Speakers Series 1;30-3:00 PM First Friday of the month | Snooker 1 - 4 pm Casual |
| | | | | Music Bingo 2nd Friday of each month 2—4 pm | |
| | Art Appreciation 7 pm | | | Scottish Country Dance 7—9 pm | |

Thank you Community Partners



The District of Central Saanich has honoured a lease agreement of The Centre building to CSSCA



Upon application, The CSSCA received a grant that provided The Centre with the funding necessary to purchase and install two heat pumps. This system now handles the heating and cooling needs in our building



Co-op provides an annual donation to be used towards supplies for annual events at The Centre. Also, the Peninsula Co-op annually reimburses dividend funds to The Centre accumulated as members quote The Centre's number **60747** when purchasing groceries or fuel.



Fairway Market *Shopper Cards* are available at The Centre to members and non-members for your shopping convenience and to benefit CSSCA. Fairway Market will donate 5% of your purchases to The Centre.



10% discount on purchases made on Wednesdays, when showing your 2017 CSSCA membership card



Peninsula U-Brew Winery offers 10% off Wine, Beer and Cider Kits every first week of the month to CSSCA 2017 cardholders



10% discount on the first Monday of every month to 2017 CSSCA cardholders



15% off on your purchases at J J 's Coffee House on Tuesdays and Wednesdays with your 2017 CSSCA membership

The Centre News

Heart of the Peninsula

In Celebration of
Canada's 150th Birthday

CSSCA presents
50+ Vintage Wedding
Dresses Fundraiser



EXHIBIT

May 27 10 am - 3 pm

Admission by Donation

Refreshments Dainties available

FASHION SHOW

May 28 2 pm

Refreshments & Dainties

Admission : \$10.00



Exhibitors



THOMAS PHILIPS
WOODWORKING LTD.



1229 Clarke Road Brentwood Bay BC V8M 1E2 250-652-4611 cssca@shaw.ca www.centralesaanichseniorscentre.org

CENTRAL SAANICH SENIOR CITIZENS ASSOCIATION

The Vintage Wedding Dress Exhibit and Fashion Show committee has been very busy the past 4 months. This upcoming Monday April 3rd 11:30 am, we are hosting a paper flower making workshop. If you would like to help, the more the merrier. Please bring glue gun if you have one.

The students from Stellys School will be modeling most of the wedding dresses. April 22nd at 11 am the students will be arriving for the fittings, dress rehearsal will be May 13th.

A special Thank you to **Thomas Phillips Woodworking Ltd.** One of our sponsors who made 30 wooden forms to display some of the wedding dresses.



1229 Clarke Rd., Brentwood Bay, BC V8M 1E2

250-652-4611 cssca@shaw.ca

www.centralesaanichseniorscentre.org

CSSCA Executive

President: Mike Bird

Past President: Margaret McKelvie

Corresponding Secretary: Valerie Park

Recording Secretary: Elizabeth Skaggs

Treasurer: Thea Revoy

CSSCA Board Directors

Wendy Wignall

Shirley Monych

Vic Peters

Marilynn Murray

Braunda Gustafson

Margaret Sharples

David McVey

Kurt Sommer

Renee Nicholls

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