

The Centre 50+ News

Heart of the Peninsula



January 2018



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January Events

Shopping Bus Program

- * Monday, January 8, noon Tillicum Mall
- * Monday, January 22, noon Hillside Mall

Bus Trippers

- * Thursday, January 11, Tsawwassen Mall

Scottish Country Dance

- * Fun Friday, January 12, 7 pm

FoodSafe level 1 Course

- * January 15 & 19, Mon & Fri, 9 am – 1 pm

Mile Zero Presentation

- * Tuesday, Jan 16th 2:30 pm Cdn Tours

Board Meeting

- * Thursday, January 18th 9:30 am sharp

Pot Luck

- * Thursday, January 18th noon

Speakers Series

- * Friday, January 19th 1:30 pm
- * Dr. Patricia Roy of the UVic
- * **The Humorous History of BC Hwys**

Aerobics/Mild Fitness

- * Wednesday, January 24, resumes

Lunch Bunch

- * Thursday, January 25, 11:30 am
- * Crooked Goose

Sunday Social

- * Sunday, January 28, 2:00 pm
- * Twelve O'clock Rock

Bingo

- * Wednesdays 1— 4 pm
- * Everyone 19 and over welcome

About The Centre

Presidents Message

First it is my wish that all the Centers members enjoy a healthy and happy year in 2018.

2017 was a busy year with new programs introduced for the benefit of our members. The most ambitious was the Vintage Wedding Dress Show in May, enjoyed by a packed-out audience. The Boozin' Buddies have travelled far and wide to sample many of the local brews. Armchair theatre is enjoyed by the few that participate, with many laughs as they relive some of the popular radio shows. The bus trippers are venturing even further as they plan on going to Tsawwassen Mills in January. The regular Lunch Bunch and monthly Friday talks continue to be well supported. The final event of the year was the Christmas Lunch attended by over 90 members and Father Christmas, along with a performance by the Song Birds who finished with a rousing rendition of The Twelve Days of Christmas.

Our membership has stayed constant as we have welcomed new members, but sadly have lost others over the year.

The Annual General Meeting will be held in February at which time new board members will be elected, if there is anyone who feels they would like to serve make yourself known to Margaret Sharples.

Thank you to those who donated food items to the food basket, I am sure they were put to beneficial use.

Michael Bird



Mike Bird (President) presenting the volunteer for the month of December, Vivien Bradley with flowers and a Thirty's gift card.

Around The Centre

Welcome New Members!

Krystinia Manning & Jean Querin

Volunteer of the Month - November

Laureen Barr (The Centre coordinator), with the volunteer of the month, Vivien Bradley on the right.

A special Thank you to Vivien, she is a hard working volunteer, responsible for recruiting, training and scheduling volunteers for the Centre reception. But it doesn't stop there, you can see Vivien at the Centre most every day, if not volunteering in other areas she is participating in the many activities offered here.



| | | |
|--------|----------|--------------|
| Jan 3 | Joan | Ruskowski |
| | Joanne | McGowan |
| Jan 6 | R Lynn | Lineham |
| | Dorothy | Pearce |
| Jan 7 | Pat | Browett |
| Jan 9 | Dale | Broad |
| | Ruth | Coldwell |
| Jan 14 | Marianne | Brackenridge |
| Jan 15 | Gwen | Horrocks |
| Jan 17 | Valerie | Park |
| Jan 19 | Eleanor | Hawkeswood |
| Jan 20 | Shirley | Webster |
| Jan 21 | Marilynn | Murray |
| Jan 22 | Lois | Guest |
| Jan 27 | Michael | Bird |

Corinne Marshall, below, won the Knitters' Group raffle for the beautiful evening shawl . Proceeds were donated to CSSCA



November Sunday Social door prize winners



November Sunday Social



Victorian Vogue models from the November Sunday Social for the historical fashion show.



Bake and Craft Sale

The CSSCA first joint venture with the Boys & Girls Club, November 26th was a great success.

Photo above, crafters setting up

Photo to the right, delicious baked goods baked by the mild fitness and aerobics groups



December Sunday Social



The Ugly Sweater and not so Ugly Sweater Finalists



Ugly sweater winners above, door prize winners below



Christmas Luncheon



Larry Skaggs with his string quartet playing during dessert



The Coffee Can Centre Pieces were a real hit. Thank you to the members who donated the coffee cans and their time creating the Christmas spirit at The Centre this year. Thank you to Michael Denton who played Santa.



If you plan on downsizing or moving in the up coming year and are looking for a place to donate your lightly used Christmas decorations, we are accepting them at the Centre as we are going to enter a Christmas tree in the Festival of Trees at the Mary Winspear Centre in 2018.

Up Coming Activities



BRENTWOOD BAY

JAMMIN' SENIORS

SATURDAY 9:30 AM

ALL SKILL LEVELS WELCOME



PHOTO CLUB

January 26th 1:30 pm

Local photographer Jim Fowler will talk about the differences between "snapshots" and "photography". He will illustrate his talk with a wide variety of photographic examples of techniques and post-photographic remedies to improve your photography. Come and enjoy this eye-opening examination of modern digital photography.



The Art Appreciation Group

Resumes on the second and fourth Tuesday at 7 pm in the Bingo Hall.

January 9th we learn all about the artist **Kandinsky** and January 23rd, **Krieghoff**.



Bill and Gerie Turner took us on a slideshow tour of their recent trip to Bali and Hong Kong. Thank you.

Scottish Country Dance

Fun Friday

January 12th

**7 PM -
8:30 PM**

**Wear comfy clothes
and
lightweight flat soft
soled shoes**



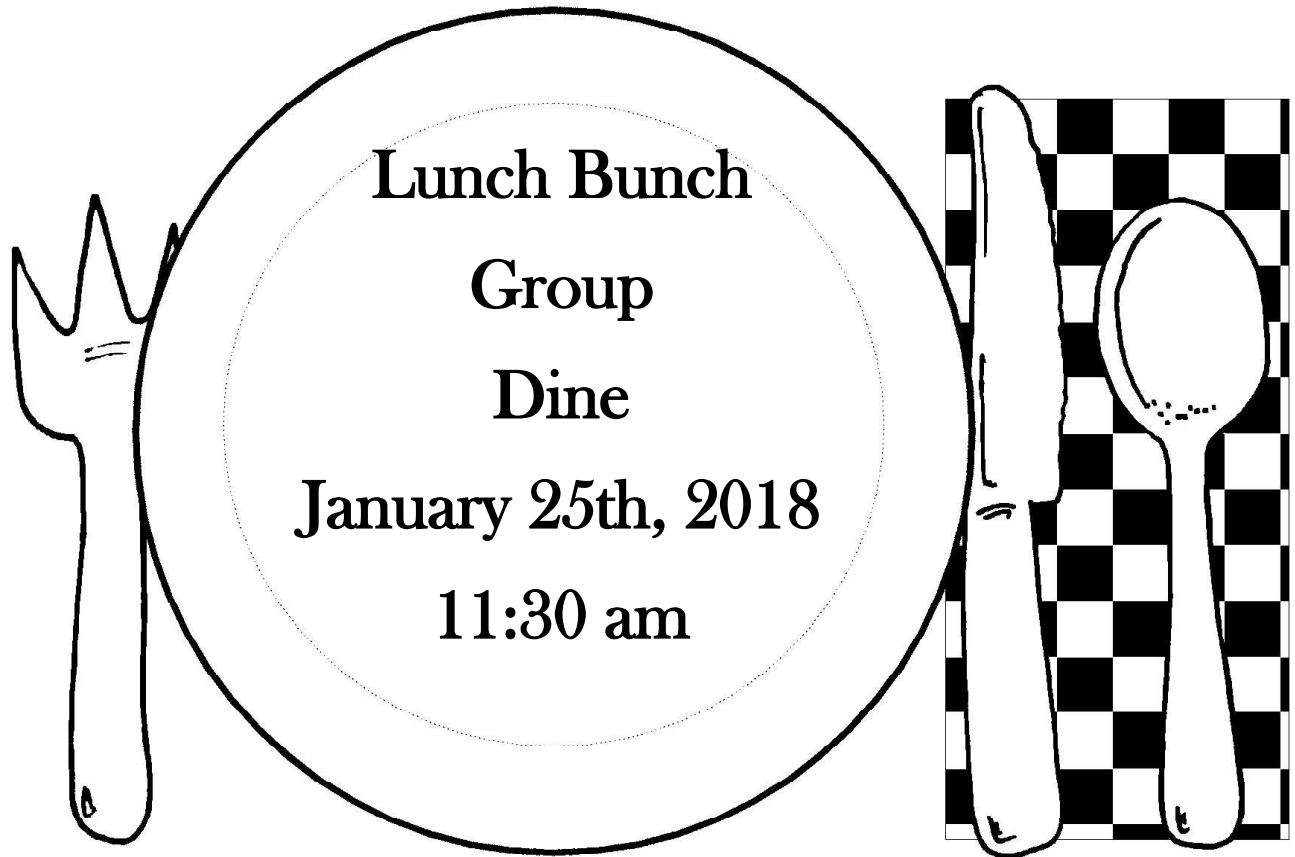
Experience an evening of Scottish Country Dance at the Centre 50+

Bring the kids, grandkids, mom, dad and learn the easy fun dances called.

The dances are designed for anyone capable of walking with no dance experience required.

\$3 per person * \$6 per Family * First visit free * Members Free

Up Coming Activities



The Crooked Goose

Located at

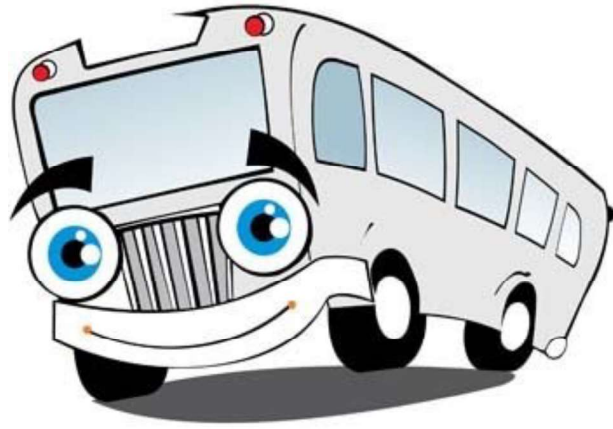
4136 Wilkinson

Road

Victoria

Sign up sheet at The Centre 50+ reception. Please advise if you can drive. Meet at the Centre at 11:00 am to carpool.

Call Corrine 250 652-7032 or email corinnemarshall@shaw.ca



The Bus Trippers

Busing for Fun

Thursday, January 11th

City Transit - \$5.00 for a Day Pass

BC Ferries Senior Walk on Rate — \$8.60 one way

We will catch the #72 Swartz Bay bus at the Saanichton Exchange at 8:12 am to meet the 9:00 am ferry to Tsawwassen. From the ferry there is a free ferry shuttle service that will take us to Tsawwassen Mills Shopping Centre.

Sign up sheet at Reception



Up Coming Events



MILE ZERO TOURS

Victoria, BC

Tuesday, January 16th - 2:30 pm

Featuring Canadian Venture Tours

Refreshments available

Everyone Welcome

Vintage Wedding Dress Video Show & Tea

Sunday February 18th - 2:00 pm

If you missed the vintage wedding dress fashion show or would like to see it again, join us, everyone welcome



Chemainus Theatre Festival

Save these dates

The members have enjoyed the road trips to the Chemainus Theatre so much, we decided to book a summer road trip to the production of **Grease, Thursday, August 16th** and have already booked our trip to the 2018 Christmas production of **Little Women, Thursday November 29th.**



POT LUCK LUNCH

January 18th, Thursday noon

Bring your favorite dish enough to share.

Shopping Bus Program

Beacon Community Services
Helping People...improving Lives

Better at Home
Voluntary Housing and Social Inclusion

Shopping Bus Program

Starting October 30



We are excited to offer this pilot program offering Saanich Peninsula residents an opportunity to meet new friends, visit stores and be dropped back off at home with their purchases.

January 8th to Tillicum Mall
January 22nd to The Hillside Mall
Leaving at Noon returning 3:15 pm

Cost by Donation

Talk to Deb!
250-656-5537, ext. 106
dgreenaway@beaconcs.ca



Our first shopping trip with the Shopping Bus Program was to the Uptown Mall. Here we are loading up for the return trip home. The 2nd and 4th Monday of each month we have the use of the Broadmead Bus. If you wish to join the shopping bus program, please sign up at the Centre reception as soon as possible as seating is limited. If any space is available a week prior to departure, the seats are offered to the Shoal Centre members .



Our last Music Bingo with Darryl Markin (to the left), as he returns to teaching in the new year. We will miss Darryl and wish him luck in 2018.

BC FoodSafe level 1 Course



BC FoodSafe level 1

This 8 hour course is offered over a
Two - 1/2 day Workshops 9 am to 1 pm
January 15th & 19th, Monday & Friday

Maximum class size 20

Located in the Bingo Room at The Centre

The cost of \$40 is covered by (CSSCA) if you are a volunteer who handles food at The Centre 50+.

If you wish to take the BC FoodSafe level 1 workshop, sign up sheet is at the Centre reception. If you have questions, see Lauren Barr or call at 250 812-6805.

Speaker Series at The Centre

Friday, January 19

1:30 - 3 pm * by donation at the door

Guest Speaker : Dr. Patricia Roy

- History Professor at University of Victoria

Topic: A Humorous History of Highways in BC

- With the help of several generations of editorial cartoonists, this presentation traces the development of the road system of the province and its political manifestations from 1858 to the present day.

Change of Rule Of Road in British Columbia 1920

Caution Rule of the Road On and After 15th of July 1920

Keep to the RIGHT when meeting Outside the Black Area. Till further notice. Keep to the Left when meeting Inside the Black Area.

(Highway Act 1920)

Note: There is no highway connection between the black and white areas.

On entering British Columbia from the United States at Sumas Mountain, Wash., and all points of entry and west thereof KEEP TO THE LEFT. At entering at all other points, KEEP TO THE RIGHT.



Dr. Roy asks us, "Why was Vancouver Island a Black Spot on this July, 1920 map?"

Up Coming Sunday Social

**SUNDAY
SOCIAL**

CSSCA

presents

**JANUARY
28TH**

Doors
Open
2:00 pm



Admission
By
Donation

Twelve O'Clock Rock is an energetic dance band that plays all the greatest hits of the 1950's: from Buddy Holly to Connie Francis, Leslie Gore to Chuck Berry, Fats Domino to Elvis Presley - and many more.