The Centre News

Heart of the Peninsula



BRUARY



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The Centre will be closed February 12th for Family Day.

February Events

Annual General Meeting

Thursday, February 8, 2:00 pm

Bus Trippers

- Friday, February 9
- Art Show, Bay Centre 3 Women 1 Man

Family Day

- Monday, February 12th.
- The Centre is closed

Pancake Breakfast

Tuesday February 13th 9 - 11 am

Potluck

Thursday, February 15th noon

Speakers Series

- Jennifer Cairns, Technology for Seniors
- Friday, February 16th 1:30 pm

Vintage Wedding Video Fashion Show & Tea

Sunday, February 18th, 2 pm

Lunch Bunch

- Thursday, February 23rd 11:30
- Bleue Coyote Pub & Restaurant

Sunday Social

- Ron Sera
- Sunday, February 25th, 2-4 pm
- Refreshments & Entertainment

Bingo

- Wednesdays 1—4 pm
- Everyone 19 and over welcome
- Refreshments served

Shopping Bus Program

Monday, February 5,19 & 26

Around The Centre

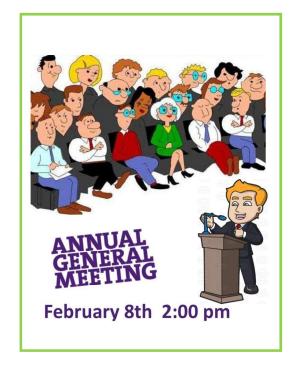
Doug Sammons Barbe Fowler Elizabeth (Beth) Predy Barbara Danbrook



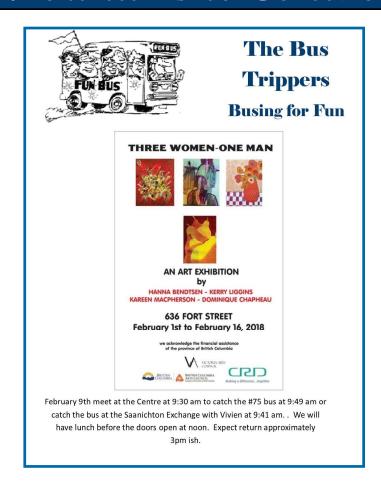
Margaret Sharples , volunteer for the month of January, with Mike Bird, the President for the CSSCA.



Feb	1	Gerie	Turner
Feb	2	Dorothy	Sly
		Pamela	Trueman
Feb	3	F Doreen	Martin
Feb	4	Gurdeep	Bharaj
Feb	6	Margaret	Caron
Feb	13	Wendy	Lojstrup
Feb	14	Donald	Williams
		David	Wilson
Feb	17	Ruth	Christian
Feb	20	Ruth	Fowler
		Allan	Witcombe



Around The Centre



CHAT HAR I BE

January 11th, the Bus Trippers visited Tsawwassen Mills. We caught the bus at the Saanichton Exchange in a downpour, arrived at the ferry terminal in a downpour. The ferry ride was somewhat rough with strong wind gusts while the rain continued.

Here is Joan and Margaret staying dry while checking out the beautiful sculptures and shops at the mall. After a delicious meal we dashed in the pouring rain to the shuttle bus to return to the ferry. We arrived safe and sound on the island to wait for the bus in a continued downpour. Overall, I enjoyed the laughs we shared along the way. My traveling companions were the sunshine of the day.

Around The Centre



Dr Patricia Roy, our guest for the Speakers Series was well attended as she spoke about BC highways



David from Mile Zero Tours brinings us up to date on the new travel packages available.



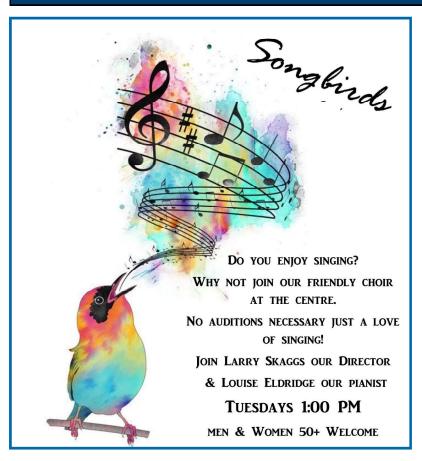
Walter & Shirley dancing to the band Twelve O'Clock Rock at the January Sunday Social.. Below the ladies are rocking to the great entertainment.



Jean is smiling as she just won the 50/50. Congratulation.

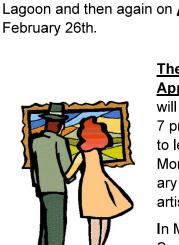


Activities









The Photography Group

will meet Monday, February12th (Family Day) at 1 pm at the Centre to carpool to Esquimalt

The Art **Appreciation Group**

will meet Tuesday at 7 pm February 13th to learn about Claud Monet and on February 27th a "mystery artist."

In March we plan on Seurat on the 13th and a trip to Lund's Fine Art Auction on March 27th.

Speakers Series at The Centre

Friday, February 16 * 1:30 pm * by donation at the door 1229 Clarke Road, Brentwood Bay

Guest Speaker: Jennifer Cairns

- Founder/CEO of eGurus Technology Tutors
- Technology expert in the 55+ market
- Technology Reporter

Topic: Technology for Seniors



- Fresh from her return from the CES Tradeshow in Las Vegas, Jennifer will bring us up to date with the latest in the technology world
- Maximizing on relevant technology for seniors





THE CENTRE FOR ACTIVE LIVING 504



1229 Clarke Road Brentwood Bay BC V8M 1E2 250-652-4611 cssca@shaw.ca www.centralsaanichseniorscentre.org

Vintage Wedding Dress Video Show & Tea Sunday February 18th - 2:00 pm



Show Time 5 minutes and counting...

Sunday Social



Entertainment by

RON SERA

February 25th Doors open 1:30 pm

Entertainment 2:00 pm Tea/Coffee Munchies 3:00pm

Everyone Welcome Admission by Donation







With limited space at Shady Creek only a small group of the Scottish Country Dancers performed January 19th.